

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO. 3239
TO BE ANSWERED ON 13TH MARCH, 2020**

NATIONAL INSTITUTE OF YOGA

**3239. SHRI SHRINIWAS PATIL:
DR. AMOL RAMSING KOLHE:
DR. SUBHASH RAMRAO BHAMRE:
SHRI KULDEEP RAI SHARMA:
DR. DNV SENTHILKUMAR S.:
SHRIMATI SUPRIYA SULE:**

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) the number of 'National Institute of Yoga' functional across the country, State/UT-wise;
- (b) whether these institutes have fulfilled the objectives for which they were set up, if so, the details thereof;
- (c) the number of courses offered and the duration of such courses along with the fee charged and the number of placements post completion of these courses;
- (d) whether these institutes have also established Yoga Wellness Centres in different districts of the country under Public Private Partnership mode, if so, the details thereof, State/UT-wise; and
- (e) whether these institutes are engaged in research work in yoga to cure chronic diseases, if so, the details thereof and the achievements made so far?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)**

- (a): Morarji Desai National Institute of Yoga (MDNIY, New Delhi an Autonomous Body under Ministry of AYUSH, is the only National Institute of Yoga in the country.
- (b): Yes. The details are given at **Annexure-A**.
- (c): Details of the courses offered by MDNIY and their duration are given at **Annexure-B**. Placements are not part of the over-all scheme of the courses offered by MDNIY, and as such the Institute does not maintain any placement data.

Contd.....

(d): The Swami Vivekananda District Yoga Wellness Centre (SVDYWC) Scheme (since discontinued) was implemented during the 11th five year plan under Public Private Partnership (PPP) mode with a District as a unit for Yoga intervention. The scheme was launched during the year 2011-12. 159 centers at different districts of various States of India were established till 2012-13. (List enclosed- **Annexure-C**). The scheme has since been discontinued & closed w.e.f. 01.04.2016.

(e): MDNIY is essentially a teaching institution which works for Yoga education and training.

However, MDNIY has established Advance Centres for Yoga Therapy, Education and Research (ACYTER) in a few premier Medical Institutions/ Hospitals during the 11th Five Year Plan. The names of such institutions/ hospitals is as below:

- i. National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore.
- ii. Jawaharlal Institute of Postgraduate Medical Education and Research, Pudducherry.
- iii. Gujarat Ayurveda University, Jamnagar.
- iv. Defense Institute of Physiology and Allied Sciences (DIPAS), New Delhi.
- v. Government Medical College, Jammu.

Objective of these centres was to propagate the science of Yoga among the people for increasing its acceptability so that they can keep themselves healthy by reducing the incidence of diseases through regular practice of Yoga.

.....

(i) Propagation of Yoga Education:

MDNIY offers B. Sc (Yoga Science) and M. Sc (Yoga) courses with annual intakes of 30 and 15 seats respectively. In addition it also runs two prestigious Diploma courses, namely Post Graduate Diploma in Yoga Therapy for Medic

(ii) Imparting Yoga Training:

- a) Certificate Course in Yoga Science for Special Interest Group - 4 months
- b) Certificate Course in Yoga Protocol Instructor -3 months
- c) Certificate Course in Yoga Protocol Instructor -1 month
- d) Foundation Course in Yoga Science for Wellness -1 month
- e) Yoga camps by DYSC students 2018–19 in Delhi & NCR
- f) Children’s Work Shop (During Summer)
- g) Yoga Centres at sports authority of India Stadia (4 centres)

(iii) Providing Yoga Therapy

- a) OPD Registration of Patients and sadhaks
- b) Yoga Therapy Programmes for patients and Sadhaks

(iv) Global promotion of Yoga – World Health Organisation (WHO) Collaborative Centre

MDNIY was designated as WHO Collaborating Centre for Traditional Medicine (WHOCC No. IND-118) in the year 2013 for 4 years i.e. till 2017. The WHO extended the collaboration by re-designating the institute as a WHO-CC in traditional medicine, for the next 4 years (i.e., 2017-2021). MDNIY is the only WHO Collaborating Centre in the world to engage in achieving Yoga specific outcomes.

A MoU between WHO and Ministry of AYUSH, MDNIY was signed for the implementation of a project entitled “mYoga– An mHealth Programme for Yoga” in 2019. This is part of WHO’s “Be Healthy, Be Mobile” (BHBM) initiative. This supports the scale up of mobile health (mHealth) technology within national health systems to help combat non-communicable diseases (NCDs).

(v) Yoga Promotional Activities

- a) MDNIY organises Yoga Mahotsav, a Curtain Raiser for International Day of Yoga (IDY) every year.
- b) MDNIY provided technical support at National Summit of Radio Jockeys of FM Radio Channels, organized by Ministry of Information and Broadcasting in association with Ministry of AYUSH.

- c) Prison Headquarters, Central Jail, Tihar, New Delhi in association with MDNIY conducted IDY Common Yoga Protocol at Tihar Jail for IDY, 2019.
- d) MDNIY organizes Mass Yoga Demonstration every year at Rajpath, New Delhi for IDY.
- e) The institute is conducting Monthly Clinical Yoga Therapy Workshop on First Saturday by inviting Experts of Modern Medicine, Eminent Yoga Scholars and Researchers.
- f) Providing technical support to UGC, NCERT, NCTE, CBSE, IGNOU, ICCR, MH&FW, MYA&S, MEA, MHA, MI&B, MW&CW, MR and other such bodies and ministries.

(vi) Publications

- a). Printing of the Common Yoga Protocol (Hindi and English) booklet and DVDs for IDY every year.
- b). Published 4 modules on Yoga for Children, Yoga for Adolescents, Yoga for Pregnant Woman and Yoga for Lactating Mother.
- c). It has more than 40 Books and booklets and published more than 20 IEC publications (Hindi & English).
- d). The Institute brings out booklets, leaflets, informative brochures etc. on fundamental aspects of Yoga and Yogic practices as well as on different diseases for the benefit of common public.

Annexure-B

Programmes of Morarji Desai National Institute of Yoga (MDNIY)

Course/ Programme	Duration	Eligibility	Intake	Fees
Educational Programmes				
M.Sc. (Yoga)	02 years, comprising 04 semesters	B.Sc. (Yoga) or a Science/Medical/Para-Medical/Physiotherapy Graduate with One year Diploma in Yoga Science with Minimum 50% marks	15	----
Post Graduate Diploma in Yoga Therapy for Medicos & Para Medicos	1 year, 02 semesters (Aug. to Jan. and Feb. to July)	Any Medical/Para-Medical /Physiotherapy(minimum 4 years or more) Graduate with minimum 50% marks	20	----
B. Sc (Yoga) affiliated to Guru Gobind Singh Indraprastha University, Sector-16, Dwarka, New Delhi	3 years, comprising six semesters	Pass in 12th class of 10+2 of CBSE with Science (Physics, Chemistry and Biology) with 50%marks	30	22, 000/- per annum + 5000 as caution money as one time which is refundable
Diploma in Yoga Science (DYSc.) for graduates	1 Year comprising 2 semesters (Aug.toJan. and Feb. toJuly)	Any Graduate with 50% of marks; below 30 years of age as on 1 st of August	120 + 12 = 132 candidates	Rs. 12,500/- per Semester+2500 as caution money
Certificate Course in Yoga for Protocol Instructor	3 months	Passed 10 th from a recognized board or equivalent.	30 per batch	Rs. 7,000/-
Certificate Course in Yoga for Wellness Instructor	6 months	Passed 10+2 from a recognized board or equivalent.	30 per batch	Rs. 13,000/-
Certificate Course in Yoga Science for Special Interest Groups	4 months	On Government invitation/ deputation	Max 100 Candidates In a batch	----
Yoga Training Courses				
Foundation Course in Yoga Science for Wellness (FCYScW)	1 month	Matriculation examination from a recognised Board or its equivalent	45	Rs.2,250/-
Health Promotion & Yoga Therapy Programmes				
Yoga OPD	---	For All Age Group	---	Rs 25/-
Health Promotion Programme (HPP)	1 month	Open for all	50 Candidates In a batch	Rs600/- Per Month
Yoga Therapy for Diabetes/ Obesity/ Metabolic Disorder	1 month	For patients	30 Candidates	Rs750/- Per Month
Individual Special Yoga Therapy sessions	40-45 minutes	do	-	Rs 100/- per session
Weekend Yoga Training Programming	Only on Saturdays	Open for all	50 Candidates In a batch	Rs 500/- Per Month
Yoga Workshop for Children (YWC)	1 month (May-June)	For Children	100 in a batch	Rs 500/- Per Month
Yoga Centres at Sports Authority of India (SAI) Stadia				
Dr. Shayama Prasad Mukherjee Swimming Pool Complex, New Delhi	1 month (FCYScW)	Matriculation examination from a recognized Board or its equivalent	Max. seats 60	Rs.2,250/-
	1 month (HPP)	Open for all	Max. seats 30	Rs.600/-
Major Dhyana Chand National Stadium, India Gate, New Delhi	1 month (HPP)	Open for all	Max. seats 30	Rs.600/-
	3 months (CCYPI)	Matriculation examination from a recognized Board or its equivalent	Max. seats 60	Rs. 7,000/-
Indira Gandhi Stadium Complex, IP Estate, New Delhi JawaharLal Nehru Stadium, Lodhi Road, New Delhi	3 months (CCYPI)	Matriculation examination from a recognized Board or its equivalent	Max. seats 60	Rs. 7,000/-
Amity Centre for Yoga Education Therapy & Research	3 months (CCYPI) /1 month (FCYScW)	Matriculation examination from a recognized Board or its equivalent	Max 30 Candidates In a batch	Rs. 7,000/- & Rs. 2250/-

LIST OF SVDYWCs

S. No.	State/ UT	No. of Districts
1.	Andhra Pradesh	8
2.	Bihar	1
3.	Chhattisgarh	4
4.	Delhi	3
5.	Gujarat	9
6.	Haryana	10
7.	Himachal Pradesh	2
8.	Jharkhand	2
9.	Karnataka	9
10.	Kerala	3
11.	Madhya Pradesh	12
12.	Maharashtra	13
13.	Assam	9
14.	Manipur	5
15.	Meghalaya	2
16.	Tripura	2
17.	Nagaland	2
18.	Mizoram	1
19.	Odisha	10
20.	Pudduchery	1
21.	Punjab	5
22.	Rajasthan	9
23.	Tamil Nadu	4
24.	Uttar Pradesh	19
25.	Uttarakhand	3
26.	West Bengal	9
27.	Chandigarh	1
28.	Jammu & Kashmir	1