

**GOVERNMENT OF INDIA
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
DEPARTMENT OF SCHOOL EDUCATION AND LITERACY**

**LOK SABHA
UNSTARRED QUESTION NO. 4673
TO BE ANSWERED ON 22nd July, 2019**

Promotion of Yoga among Youth

**4673. DR. SUJAY RADHAKRISHNA VIKHE PATIL:
SHRI UNMESH BHAYYASAHEB PATIL:**

Will the **Minister** of **HUMAN RESOURCE DEVELOPMENT** be pleased to state:

- (a) whether the Government proposes to impart Yoga education in schools/colleges, army and other Government's educational institutions in the country and if so, the details thereof;
- (b) whether there is also any proposal to make Yoga compulsory in such institutions and if so, the details thereof;
- (c) the compliance status of instructions issued in this regard by such institutions;
- (d) the details of competition organised to promote Yoga among youths at district/State level in the country; and
- (e) whether the Government has assessed the availability of Yoga teachers in this regard and if so, the details thereof?

ANSWER

MINISTER OF HUMAN RESOURCE DEVELOPMENT

(SHRI RAMESH POKHRIYAL 'NISHANK')

(a) to (e) : The Ministry of Human Resource Development had appointed a committee, under the chairpersonship of Prof. H.R. Nagendra, Chancellor, Swami Vivekananda Yoga Anusandhana Samsthana, Bengaluru (S-VYASA) for making recommendations on Yoga Education in Universities. The Committee prescribed curriculum for Yoga courses in its recommendations. As a follow up, the Ministry asked the University Grants Commission (UGC) to promote following five Yoga courses in Universities and Colleges.

Sl.No.	Course	Course Code	Duration
1	Bachelors of Science (Yoga)	B.Sc (Yoga)	3 year to 6 year
2	Masters of Science (Yoga)	M.Sc (Yoga)	2 year to 4 year
3	Doctor of Philosophy	PhD (Yoga)	As per the PhD duration specified by UGC
4	Post Graduate Diploma in Yoga	PGDY	1 year to 2 year
5	Post Graduate Diploma in Yoga Therapy	PGDYT	1 year to 2 year

UGC, upon a directive from Government of India, Ministry of Ayurveda, Yoga & Naturopathy Unani, Siddha and Homoeopathy (AYUSH), INA, New Delhi dated 24.06.2016, has issued advisory to all Educational Institutions to include AYUSH disciplines in their institutions for enrollment of candidates in the Ph.D programme.

National Curriculum Framework (NCF), 2005 recommended Yoga as an integral part of Health and Physical Education. Health and Physical Education is a compulsory subject from Class I to Class X and optional from Class XI to XII. The National Council of Educational Research and Training (NCERT) has already developed integrated syllabi on Health and Physical Education from Class I to Class X. The syllabus is available on NCERT website www.ncert.nic.in.

Central Board of Secondary Education (CBSE) has made Health and Physical Education compulsory in all classes from I-XII. It has been advised to schools that Health and Physical Education includes three areas i.e. Health Education, Physical Education and Yoga and all three areas are essential to achieve holistic health (physical, mental, intellectual, emotional, social and spiritual).

The Government has also included Yoga training in the “Study in India” programme to encourage Yoga seekers from abroad to obtain authentic Yoga training in India. UGC has approved the establishment of an Inter University Centre-Yogic Science at Bengaluru and introduced Yoga as a new National Eligibility Test (NET) subject from January 2017 UGC-NET onwards. Further, in order to promote Yoga in the country, Yoga Departments have been established in nine Central Universities.

The Government has set up a Yoga Certification Board (YCB) to standardize and strengthen Yoga training by providing certification to individuals and accreditation to Institutions. This is a significant step in spreading Yoga in India and other countries. In addition, Morarji Desai National Institute of Yoga (MDNIY) is an autonomous organisation under Ministry of AYUSH, Government of India. MDNIY is a focal Institute for Planning, Training, Promotion and Coordination of Yoga Education, Training, Therapy and Research in all its aspects. MDNIY aims to promote deeper understanding of Yoga philosophy and practices based on classical Yoga amongst people.

NCERT organized Yoga Olympiad across the country at various levels, schools from states and UTs, Kendriya Vidyalaya Sangathan (KVS), Navodaya Vidyalaya Samiti (NVS) and Central Board of Secondary Education (CBSE) schools participated in the Yoga Olympiad, culminating in the National Yoga Olympiad on 18th to 20th June, 2019 at NCERT, New Delhi. The valedictory function was held at New Delhi, wherein Prizes were awarded to the winning teams.

National Institute of Naturopathy (NIN), an Institute under Ministry of AYUSH, conducts on an average 16 outreach activities every month to popularize Yoga and Naturopathy, some of which are held in villages near Pune. Under National AYUSH Mission (NAM), financial assistance is provided to States and Union Territories for setting up AYUSH wellness Centres, in which Yoga is an important component.

Education is a subject in the Concurrent List of the Constitution and majority of schools, recruitment, service conditions and deployment of teachers including yoga teachers are under the jurisdiction of the State/Union Territory Governments and it is for the respective State/Union Territory Government to take a decision in such matters for their schools .

