

GOVERNMENT OF INDIA  
MINISTRY OF WOMEN & CHILD DEVELOPMENT

**LOK SABHA**  
**UNSTARRED QUESTION NO. 4452**  
TO BE ANSWERED ON 19.07.2019

**SUPPLEMENTARY NUTRITION PROGRAMMES**

4452. SHRI SHYAM SINGH YADAV:

Will the Minister of WOMEN AND CHILD DEVELOPMENT be pleased to state:

- (a) the details of various types of Supplementary Nutrition Programmes being implemented by the Government for the welfare of women and children;
- (b) the budget allocation made in this regard; and
- (c) the details of beneficiaries under the said programmes?

**ANSWER**

MINISTER OF WOMEN AND CHILD DEVELOPMENT  
(SHRIMATI SMRITI ZUBIN IRANI)

- (a): In order to improve the nutritional status of women and children, this Ministry is implementing Supplementary Nutrition Programme under Anganwadi Services and Scheme for Adolescent Girls under the Umbrella Integrated Child Development Services (ICDS) Scheme to children (6 months to 6 years), Pregnant Women, Lactating Mothers and out-of-school Adolescent Girls (11-14 years). The details are as under:

S.No.	Categories	Types of food	Nutrition Norms
<b>Supplementary Nutrition under Anganwadi Services</b>			
1.	Children (6-36 months)	Take Home Ration	Energy – 500 Kcal Protein – 12 to 15 g
2.	Children (3-6 years)	Morning snack and Hot cooked Meal	Energy – 500 Kcal Protein – 12 to 15 g
3.	Severely malnourished children (3-6 years)	Take Home Ration	Energy – 800 Kcal Protein – 20 to 25 g
4.	Pregnant women & Nursing mothers	Take Home Ration	Energy – 600 Kcal Protein – 18 to 20 g
<b>Supplementary Nutrition under Scheme for Adolescent Girls</b>			
5.	Out-of-School Adolescent Girls (11-14 years)	Take Home Ration	Energy – 600 Kcal Protein – 18 to 20 g

Note: For children (0-6 months), exclusive breastfeeding is promoted.

(b): During the current financial year, Rs. 9368.12 crore and Rs. 255 crore have been allocated for provision of Supplementary Nutrition under Anganwadi Services and the Scheme for Adolescent Girls respectively.

(c): The details of beneficiaries under these programmes during the year 2018-19 are as under:

<b>Scheme</b>	<b>Beneficiary</b>	<b>Number of Beneficiaries</b>
Anganwadi Services	Children under 6 years of age	703.74 Lakh
	Pregnant Women and Lactating Mothers	171.86 Lakh
Scheme for Adolescent Girls	Adolescent Girls (11-14 years)	14.15 Lakh

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