

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY, UNANI,  
SIDDHA AND HOMOEOPATHY (AYUSH)**

**LOK SABHA  
STARRED QUESTION NO.109  
TO BE ANSWERED ON 28<sup>TH</sup> JUNE, 2019  
SCHEME FOR YOGA AWARENESS**

**†\*109. SHRI RAMESH CHANDER KAUSHIK:  
SHRI ANIL FIROJIYA:**

Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

(a) whether the Government has been organizing any special scheme/programme for creating public awareness towards yoga across the country including Assam and other North Eastern States; and

(b) if so, the details in this regard?

**ANSWER  
THE MINISTER OF STATE(IC) OF THE MINISTRY OF  
AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND  
HOMOEOPATHY  
(SHRI SHRIPAD YESSO NAIK)**

(a) & (b) : A statement is laid on the Table of the House

**STATEMENT REFERRED TO IN REPLY TO LOK SABHA  
STARRED QUESTION NO. 109\* FOR 28<sup>TH</sup> JUNE, 2019**

(a) & (b) The Ministry of AYUSH strives to promote the different AYUSH systems including Yoga and to create public awareness in the country about these systems for the benefit of the people. Under the Information Education and Communication (IEC) Scheme, numerous activities have been taken up to reach out to people and to create awareness about Yoga. These activities duly cover Assam and other North Eastern States also. IEC activities include programs on TV, Radio, Print-media, Arogya Fairs, Seminars/ Conferences/ Workshops to create awareness about Yoga among the people.

Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi, an autonomous institution of Ministry of AYUSH has been conducting one-month Yoga training programs for International Day of Yoga (IDY) through selected collaborating institutions. The details are as follows:

<b>S. No.</b>	<b>Year</b>	<b>Total Number of Districts covered</b>	<b>Districts covered in North Eastern States</b>
1.	2015	537	73
2.	2016	537	73
3.	2017	473	42
4.	2018	421	34

CCRYN has also facilitated to set up 50 Yoga parks across the country to conduct regular Yoga training programme for the general public and to manage the park as a hub of Yoga. One such Yoga park has been set up in Imphal, Manipur. Another activity that is relevant in this context is the financial assistance provided by CCRYN for establishing and running Naturopathy & Yoga Clinics/ Hospitals. Out of 30 such Clinics/Hospitals across the country, 5 are in North Eastern States. The aim of this activity is to assist the establishing Naturopathy Clinics/ Hospitals in different parts of the country and to

strengthen the existing Naturopathy & Yoga Clinics/ Hospitals. This also helps to increase awareness levels about Yoga across the country.

As a part of observation of International Day of Yoga (IDY) on 21st June, this Ministry reached out to about 2.5 lakh *Gram Pradhans* with suggested plan of action for Yoga promotion in villages. Common Service Centres (CSCs) of the Ministry of Electronics & IT were also roped in for promotion of Yoga in rural areas. Various promotional efforts of IDY over print and electronic media extensively covered Assam & North Eastern States also.

In addition to the above, under National AYUSH Mission (NAM), financial assistance is provided to States and Union Territories for setting up AYUSH Wellness Centres, in which Yoga is an important component. Yoga is also integrated into the Health & Wellness Centres of the flagship AYUSHMAN Bharat Scheme, thus making it accessible to the common people in different corners of the country.

Though there is no such “Special scheme/program” for promotion of Yoga dedicated to Assam and other North Eastern States, the above activities have covered these States significantly. A list of National & State Arogya Fairs (which includes coverage of Yoga) organised in North Eastern States is given at **Annexure.**

## Annexure

### Details of National Arogya Fairs

S No	State/UT	Location	Date
1	Assam	Guwahati	30 Jan to 2 Feb, 2015

### Details of 24 State Arogya Fairs

S No	State/UT	Location	Date
1	Arunachal Pradesh	Itanagar	18-22 March, 2010
		Ziro Lower Subansiri District	3-6 October, 2012
		Itanagar	20-22 February, 2017
2	Assam	Guwahati	4-7 December, 2009
3	Manipur	Imphal	27-30 Nov. 2009
			24-27 April 2015
			6-9 December, 2018
4	Meghalaya	Shillong	1-4 May, 2009
			18-20 November, 2016
5	Mizoram	Aizwal	13-15 April 2010
		Aizwal	9-12 May, 2011
		Lunglei	20-23 November, 2012
		Aizwal	5-8 May, 2015
6	Nagaland	Kohima	18-20 March 2009
		Dimapur	16-19 March, 2012
		Mokukchung	12-16 December, 2017
7	Sikkim	Gangtok	12-16 March 2010
		Gangtok	3-7 April, 2013.
		Jorethang	14-17 January, 2017
		Jorethang	14-16 January, 2018
		Jorethang	15-17 January, 2019
8	Tripura	Agartala	12-15 February 2010
			18-22 February, 2012
			22-24 January, 2016

