

Setting up of Cables Projects

*263. SHRI KRISHNA CHANDRA HALDER: Will the Minister of INDUSTRY be pleased to state:

(a) whether there is any proposal under the consideration of Government to set up new projects to make the cables cheaper;

(b) if so, details thereof; and

(c) when the projects will be completed?

THE MINISTER OF STATE IN THE MINISTRY OF INDUSTRY (SHRI CHARANJIT CHANANA):

(a) No, Sir.

(b) and (c). Do not arise

Steps to Popularise Yoga

*270. SHRI AMARSINH V. RATHAWA: Will the Minister of HEALTH be pleased to lay a statement of showing:

(a) the steps Government propose to take to popularise Yoga for the improvement of physical and mental health in the country;

(b) the details of recognised Yoga Institutes functioning in the country;

(c) whether Government are considering to introduce Yoga in schools and colleges as compulsory subject; and

(d) what steps Government are going to take to popularise Yoga in rural areas also?

THE MINISTER OF HEALTH AND EDUCATION AND SOCIAL WELFARE (SHRI B. SHANKARANAND):

(a) to (d). A statement is laid on the Table of the House.

Statement

The Government have taken the following steps to popularise Yoga as an exercise for the improvement

of physical and mental health of the people:—

(i) With a view to conduct and coordinate research in the science of Yoga in all its aspects and to promote its wider understanding, acceptance and application, the Central Research Institute for Yoga was established in New Delhi with effect from 1st January, 1976. The institution has got a 45-bedded hospital attached to it for providing medical care through Yoga to the patients. The institute is conducting research on a number of projects, particularly on fundamental aspects of Yoga.

(ii) A separate Central Council for Research in Yoga and Naturopathy was established in March, 1978 as one of the successor bodies of the Central Council for Research in Indian Medicine and Homoeopathy to initiate, aid, develop and coordinate scientific research in different aspects, fundamental and applied of Yoga and Naturopathy and to promote and assist institutions of research for the study of diseases, their prevention, causation and remedy. The Council is at present financially assisting 8 Clinical Research Projects in different parts of the country to scientifically establish the therapeutic efficiency of Yogic practices. Besides research work, these centres are providing Yogic health care facilities and practical Yoga training to the public.

(iii) With the Central Government assistance, regular classes are being held at Teachers' Training Centre, Katra (Vaishnodevi) and Delhi Centres of Vishwayatan Yogashram, for the Instructors in Yoga for the training of the general public in Yoga. At Kaivalyadhana, Lonavala also, training programme for teachers in Yoga are being conducted. In the Ministry of Education and Culture, a Central Scheme providing financial assistance for promotion of teacher training/research in Yoga (other than therapeutic aspects) is being imple-

mented as an integral part of the Central programme of physical education and sports.

(b) A list of the institutions at present recognised by the Government of India (Ministry of Health and Ministry of Education and Culture) for the purpose of financial assistance is annexed. (Annex. I).

(c) In the draft curriculum of Physical Education for Classes I to X prepared by the NCERT, Yoga has been recommended as one of the activities under the Core Programme for Class V onwards.

A proposal for introduction of Yoga Education as a part of physical fitness programme in schools (Standard V onwards) is under consideration of the Government of India in the Ministry of Education and Culture.

(d) No specific programme as such has been formulated for popularising Yoga in rural areas.

ANNEXURE—I

List of Institutions/Yoga Projects getting grants-in-aid from Government of India.

Institutions:

1. Central Research Institute (Yoga), New Delhi (Autonomous Body).
2. Vishwayatan Yogashram (Delhi and Katra Centres).
3. The Kaivalyadham Shreeman Madhav Yoga Mandir Samiti, Lonavala (Maharashtra)

Yoga Projects:

1. Indain Institute of Research in Yoga and Allied Sciences, Triupati.
2. Shivanand Math, Umachal Yogashram and Yogic Hospital, Gauhati.

3. Government Yogic Treatment—sum-Research Centre, Jaipur.

4. Yoga Research Centre, Institute of Medical Sciences, Banaras Hindu University, Banaras.

5. An inter disciplinary approach to therapeutic evaluation or Yogic Practices, Director AIIMS, New Delhi.

6. Treatment of Asthma through Yogic Methods, Kaivalyadham, Lonavala, Poona.

7. Yogic Exercises in the Management of Irritable Bowel Syndrome, G. B. P. Hospital, New Delhi.

8. A study of possible therapeutic effect of Yoga in Neurotics, Department of Psychiatry, Dr. R. M. L. Hospital, New Delhi.

Rakes needed for Daily Service

+272. SHRI NIREN GHOSH: Will the Minister of RAILWAYS be pleased to state:

(a) the number of rakes needed for suburban Commuters' Service in Calcutta area;

(b) whether it is a fact that the daily service of those rakes is neglected; and

(c) if so, why?

THE MINISTER IN THE MINISTRY OF RAILWAYS (SHRI C. K. JAFFER SHARIEF): (a) Number of rakes needed for Commuter Service in Calcutta area is:

(i) 77 rakes on Eastern Railway.

(ii) 17 Nos. rakes on South Eastern Railway.

(b) No, Sir.

(c) Does not arise.