

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,  
UNANI, SIDDHA AND HOMOEOPATHY  
(AYUSH)**

**LOK SABHA  
UNSTARRED QUESTION NO.2044  
TO BE ANSWERED ON 21<sup>ST</sup> DECEMBER, 2018**

**FIRST NATUROPATHY DAY**

**2044. DR. J. JAYAVARDHAN:  
DR. HEENA VIJAYKUMAR GAVIT:  
SHRIMATI SUPRIYA SULE:  
SHRI DHANANJAY MAHADIK:  
SHRI MOHITE PATIL VIJAYSINH SHANKARRAO:  
SHRI P.R. SUNDARAM:  
SHRI SATAV RAJEEV:**

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) whether his Ministry has celebrated the first 'Naturopathy Day' with the aim to promote the system to prevent diseases by altering the diet and lifestyle;
- (b) if so, the details thereof along with the programmes and events organized for its promotion;
- (c) the funds allocated for development of naturopathy during each of the last three years and the current year along with the details of targets set and achievements made so far in this regard;
- (d) whether the Government has any plans to promote naturopathy centres in rural areas by equipping them with modern facilities and if so, the details thereof;
- (e) whether the Government proposes to provide such treatment in all the Central Government hospitals; and
- (f) if so, the details thereof along with the further steps taken by the Government for promotion of yoga and naturopathy in the country including generation of employment opportunities?

**ANSWER**

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,  
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY  
(SHRI SHRIPAD YESSO NAIK)**

(a) & (b): Yes, Ministry of AYUSH Observed the First 'Naturopathy Day' on 18<sup>th</sup> November, 2018. Two of the autonomous bodies of the Ministry, namely Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune took lead roles in this observance. The Naturopathy Day was observed by organising lectures, talks, walks, run and exhibitions in different parts of the country.

Contd.....

(c): The funds released to the CCRYN & NIN in the last 3 years and current year is as under:

*(Rs. In lakhs)*

<b>Autonomous Body</b>	<b>2015-16</b>	<b>2016-17</b>	<b>2017-18</b>	<b>2018-19 (Current year)</b>
CCRYN	1685.00	4300.00	5609.00	3634.00
NIN	1266.00	2590.00	490.00	2400.00

The details of targets set and achievements made so far are placed at **Annexure- 'A'**.

(d): Health is a State subject and promoting such centres in rural areas fall in purview of State Government.

However, in addition to the effort of State Governments, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi, an autonomous body under Ministry of AYUSH has set up various OPDs and Wellness Centres of Yoga & Naturopathy in various Govt. Hospitals/ institutions in different location in India including rural areas. The details of OPDs is at **Annexure – 'B'**.

(e) & (f): There is no such proposal as of now with this Ministry.

However, CCRYN is in process of setting up following institutes of Yoga & Naturopathy with hospitals for better accessible treatment to the people of India:

1. Establishment of *Post Graduate Institutes of Yoga and Naturopathy Education and Research* (PGIYNER) with *200 bedded Yoga and Naturopathy hospital* at Jhajjar, Haryana and Nagmangala, Karnataka.
2. Establishment of **Central Research Institutes of Yoga & Naturopathy** in Odisha, West Bengal, Rajasthan, Andhra Pradesh, Kerala, Jharkhand, Chhattisgarh and Jammu & Kashmir along with 100 bedded indoor hospital facilities to carry out in depth research studies to establish the efficacy of Yoga and Naturopathy in various remedies.

In addition to this, both CCRYN and NIN are offering Short Term Certificate Courses which are employment oriented.

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**Annexure – ‘A’**

I. Central Council for Research in Yoga & Naturopathy, New Delhi

Target & Achievements for the year 2015-16, 2016-17 and 2017-18

<b>Main activities</b>	<b>Targets for 2015-16</b>	<b>Physical Achievements, 2015-16</b>	<b>Targets for 2016-17</b>	<b>Achievements, 2016-17</b>	<b>Targets for 2017-18</b>	<b>Achievements for 2017-18</b>
<b>Clinical and Literary Research Projects</b>	Constitution of IEC and SAC	<ul style="list-style-type: none"> <li>• SAC &amp; IEC have been constituted.</li> <li>• Two meetings of SAC have been conducted.</li> <li>• Collaborative Research Centre's is proposed by the committee.</li> </ul>	Multi-centric Research Studys	Multi-centric Research Study on Yoga & Diabetes completed	05	01
<b>Research paper published</b>	05	04	05	01	05	-
<b>International Day of Yoga Celebration</b>	677 districts	361 districts	680 districts	552 districts	712 districts	474 districts
<b>Yoga &amp; Diabetes Awareness Programme 2<sup>nd</sup> October, 2016</b>	-	-	680 districts	279 districts	-	-
<b>Yoga Fest</b>	-	-	10	09	10	0
<b>Seminar/ Workshop /Conference</b>	02	<ul style="list-style-type: none"> <li>• 04 State Level Seminar (NE)</li> <li>• 03 monthly Workshop (at Hq.)</li> </ul>	08	<ul style="list-style-type: none"> <li>• 03 State Level Seminar (NE)</li> <li>• 01 International Conference</li> <li>• 01 National Seminar</li> </ul>	08	<ul style="list-style-type: none"> <li>• 05 State Level Seminar (NE)</li> <li>• 01 International Conference.</li> <li>• 02 National Seminar</li> </ul>
<b>Participation in Health Mela</b>	10	33	15	36	25	Participated in 26 Health Mela/ Arogyas/ Exhibitions
<b>OPDs</b>	10	08	10	08	10	Established 06 OPDs
<b>Infrastructure development of CRIs and Post Graduate Institutes</b>	Construction of CRIs at two places.	I <sup>st</sup> phase construction is completed.	I <sup>st</sup> phase of Construction of CRIs Bhubaneswar & II <sup>nd</sup> phase of PGI construction at	construction started	05	<ul style="list-style-type: none"> <li>• Funds have been transferred to CPWD Odisha for construction of boundary wall at</li> </ul>

			Haryana & Karnataka.			Bhubaneswar , Odisha. <ul style="list-style-type: none"> <li>• Work related to transfer of land to CCRYN in Kerala, West Bengal, Andhra Pradesh &amp; Rajasthan is under process.</li> </ul>
<b>Collaborative Research Centre's</b>	04	03 in process	04	03 in process	04	03 Collaborative Research Centre's is in process.
<b>Grant in aid scheme for Establishment/ Running Clinics/ Hospital of 10/20/30/40 50/100 bed capacity.</b>	-	-	100	Application received and proposals are being scrutinised.	100	Process of releasing Grant is under progress.

## II. NATIONAL INSTITUTE OF NATUROPATHY, PUNE

### TARGETS AND ACHIEVEMENTS FOR THE YEAR 2018-19.

S. No.	PARTICULARS	TARGETS – 2018-19 (No.of Prog.)	ACHIEVEMENTS April to September 18 (No.of Prog.)	Expenditure incurred (Rupees in lakhs)
<b>1</b>	<b>MASS EDUCATION</b>			
i)	Women Component Programme	<b>3 Progs.</b>	<b>2 Prog.</b>	<b>0.67</b>
ii)	Arogya & Other Exhibition	<b>6 Exhibitions</b>	<b>1. Prog.</b>	<b>0</b>
iii)	Monthly Workshop/Naturopathy Camps Regional Language Workshop Outreach Workshops/Lectures	<b>12 Workshops</b> <b>6 Workshops</b> <b>60 Workshops</b>	<b>4 Workshops</b> <b>1 Work shop</b> <b>28 Workshops</b>	<b>0.30</b>
iv)	Food fairs by NIN	<b>2 Nos.</b>	<b>0</b>	<b>0.30</b>
v)	Cookery Classes Other Seminars directly by NIN	<b>1 No.</b> <b>10 Nos.</b>	<b>1 Class</b> <b>6 Seminars</b>	<b>0.72</b>
vi)	Publication of Books & Magazine	<b>12 Issues</b>	<b>6 Issues</b>	<b>3.30</b>
vii)	Pathology Lab	<b>No target fixed</b>	<b>154 Patients</b>	<b>0.87</b>
vii)	Naturopathy Diet Centre	<b>No target fixed</b>	<b>60000 Beneficiaries</b>	<b>Self Sustaining</b>
viii)	Health Shop	<b>No target fixed</b>	<b>45000 Beneficiaries</b>	<b>Self Sustaining</b>
ix)	Accupressure Clinic	<b>No target fixed</b>	<b>4500 Patients</b>	<b>0</b>
x)	Library facility	<b>No target fixed</b>	<b>85 Members</b>	<b>0</b>
<b>2.</b>	<b>MEDICARE FACILITY</b>			
i)	O.P.D. Clinic /Outdoor OPD/R. Massage/Medi-Gym	<b>62000 Patients</b>	<b>23044 Patients</b>	<b>4.10</b>
iii)	Sanatorium for HIV+ve patients	<b>No target fixed</b>	<b>24 Patients</b>	<b>2.35</b>
<b>3.</b>	<b>TRAINING &amp; RESEARCH</b>			
ii)	1 Year Treatment Attendent Training Course	<b>80 Students</b>	<b>80 students</b>	<b>17.30</b>
iii)	BNYS Internship Programme	<b>144 Internees</b>	<b>72 Internees</b>	<b>2.95</b>
iv)	Yoga Classes/International Yoga Day Prog.	<b>2520 Classes</b>	<b>1260 Classes</b>	<b>14.42</b>

v)	CME, OTP Programmes	<b>3 Progs.</b>	<b>3 Prog.</b>	<b>3.20</b>
vi)	Research in Naturopathy	<b>No target fixed</b>	<b>0</b>	<b>0.12</b>
vii)	Gandhian Studies/Fellowship Prog.	3 Prog. (28 students)	<b>3 Prog. (28 students)</b>	<b>2.85</b>
viii)	Swacchata Action Plan	<b>No target fixed</b>	<b>0</b>	<b>5.00</b>
4.	Creation of capital assets	<b>No target fixed</b>		
	i) Mobilisation Advance for Nisarga Gram Projet			<b>220.00</b>
	ii) Assets purchase			<b>1.18</b>
5.	Salaries			<b>206.00</b>
6.	Establishment expenses			<b>41.97</b>
			<b>TOTAL</b>	<b>513.18</b>

**Physical & Financial Targets & Achievements for the year 2017-18.**

Sr. No.	Schemes/Activities to be implemented during 2017-18	PHYSICAL		FINANCIAL	
		TARGETS – (No.ofProg.) (2017-18)	ACHIEVEMENTS (No.ofProg.) (Up to 31.03.18)	TARGET (Rs,in lakhs)	ACHIEVEMENTS (Rs,in lakhs) (Up to 31.03.18)
<b>1</b>	<b>MASS EDUCATION</b>				
i)	Women Component Programme	<b>3 Progs.</b>	<b>5 Prog.</b>	<b>10.00</b>	<b>10.14</b>
ii)	Arogya& Other Exhibition	<b>6 Exhibitions</b>	<b>6 Exhibitions</b>	<b>10.00</b>	<b>10.41</b>
iii)	Monthly Workshop Regional Language Workshop Outreach workshops	<b>12 Workshops 6 Workshops 48 Workshops</b>	<b>13 Workshops 2 Workshops 58 Workshops</b>	<b>3.00</b>	<b>1.69</b>
iv)	Food fairs by NIN	<b>2 Nos.</b>	<b>2 Food fairs</b>	<b>10.00</b>	<b>10.43</b>
v)	Cookery Classes Other Seminars directly by NIN	<b>1 No. 10 Nos.</b>	<b>2 Classes 10 Seminars</b>	<b>1.00</b>	<b>0</b>
vi)	Publication of Books & Magazine	<b>12 Issues</b>	<b>12 Issues</b>	<b>13.00</b>	<b>13.22</b>
vii)	Pathology Lab	<b>No target fixed</b>	<b>540 Patients</b>	<b>4.00</b>	<b>2.24</b>
vii)	Naturopathy Diet Centre sale	<b>No target fixed</b>	<b>18000 beneficiaries</b>	<b>Self Sustained</b>	<b>0</b>
viii)	Health Shop sale	<b>No target fixed</b>	<b>14400 beneficiaries</b>	<b>Self Sustained</b>	<b>0</b>
<b>2.</b>	<b>MEDICARE FACILITY</b>				
i)	O.P.D. Clinic	<b>62000 Patients</b>	<b>64115 Patients</b>	<b>20.00</b>	<b>22.55</b>
iii)	Sanatorium for HIV+ve patients	<b>No target fixed</b>	<b>35 Patients</b>	<b>5.00</b>	<b>4.52</b>
<b>3.</b>	<b>TRAINING &amp; RESEARCH</b>				
i)	Stipend to the 1 Year TATC Course students	<b>80 Students</b>	<b>80 students</b>	<b>50.00</b>	<b>46.45</b>
ii)	BNYS Internship Programme	<b>144 Internees</b>	<b>150 Internees</b>	<b>5.00</b>	<b>6.27</b>

iii)	Yoga Classes	<b>2520 Classes</b>	<b>2520 classes 1978 Participants</b>	<b>1.00</b>	<b>1.53</b>
iv)	CME, OTP Programmes	<b>3 Progs.</b>	<b>6 Prog.</b>	<b>15.00</b>	<b>15.16</b>
v)	Research in Naturopathy	<b>No target fixed</b>	<b>2 Projects</b>	<b>10.00</b>	<b>10.27</b>
vi)	NABH	<b>No target fixed</b>	<b>NIN has received NABH Accreditation</b>	<b>0</b>	<b>2.10</b>
<b>4.</b>	<b>OFFICE &amp; ESTABLISHMENT EXP.</b>			<b>57.00</b>	<b>138.27</b>
<b>5.</b>	<b>SALARY &amp; WAGES TO STAFF</b>			<b>300.00</b>	<b>382.67</b>
<b>6.</b>	<b>CREATION OF CAPITAL ASSETS</b>			<b>0</b>	<b>1663.69</b>
<b>i)</b>	<b>Nisarga Gram Project</b>			<b>0</b>	<b>5.16</b>
<b>ii)</b>	<b>Fixed Assets purchase</b>				
		<b>TOTAL √</b>		<b>514.00</b>	<b>2346.77</b>

*i) An expenditure of Rs. 1668.85 lakhs under major head "Creation of Capital Assets" has been incurred from the unspent balance of the previous year (2016-17) Rs.2220.33 lakhs. ii) The excess expenditure of Rs.82.67 lakhs under the major head "Salaries" has been incurred from the departmental receipts of the Institute. iii) The excess expenditure of Rs. 81.27 lakhs under the major head "General" has been incurred from the unspent balance of the previous year 2016-17.*

**Total R.E.Rs.514.00 Lakhs.**

**Physical & Financial Targets & Achievements for the year 2016-17.**

**Total R.E. Rs.2590.00 Lakhs.**

Sr. No.	Schemes/Activities to be implemented during 2015-16	PHYSICAL		FINANCIAL	
		TARGETS – (No.of Prog.)	ACHIEVEMENTS (No.of Prog.)	TARGET (Rs, in lakhs)	ACHIEVEMENT S (Rs, in lakhs)
<b>1</b>	<b>MASS EDUCATION</b>				
i)	Women Component Programme	<b>3 Progs.</b>	<b>4 Progs.</b>	<b>10.00</b>	<b>9.36</b>
ii)	Arogya & Other Exhibition	<b>6 Exhibitions</b>	<b>4 Exhibitions</b>	<b>10.00</b>	<b>8.60</b>
iii)	Monthly Workshop Regional Language Workshop	<b>12 Workshops 6 Workshops</b>	<b>14 Workshops 3 Workshops</b>	<b>3.00</b>	<b>1.29</b>
iv)	Food fairs by NIN	<b>2 Nos.</b>	<b>2 Nos.</b>	<b>15.00</b>	<b>14.86</b>
v)	Cookery Classes Other Seminars directly by NIN	<b>1 No. 10 Nos.</b>	<b>3 Progs. 42 Nos.</b>	<b>1.00</b>	<b>0.98</b>
vi)	Publication of Books & Magazine	<b>12 Issues</b>	<b>12 Issues</b>	<b>15.00</b>	<b>13.53</b>
vii)	Pathology Lab	<b>No target fixed</b>	<b>335 patients</b>	<b>5.00</b>	<b>3.13</b>
vii)	Naturopathy Diet Centre	<b>No target fixed</b>		<b>0</b>	<b>0</b>
viii)	Health Shop	<b>No target fixed</b>		<b>0</b>	<b>0</b>
<b>2.</b>	<b>MEDICARE FACILITY</b>				
i)	O.P.D. Clinic	<b>60000 Patients</b>	<b>55937 Patients</b>	<b>20.00</b>	<b>24.81</b>
iii)	Sanatorium for HIV+ve patients	<b>No target fixed</b>		<b>5.00</b>	<b>4.54</b>
<b>3.</b>	<b>TRAINING &amp; RESEARCH</b>				
i)	Stipend to the 1 Year TATC Course students	<b>80 Students</b>	<b>80 Students</b>	<b>50.00</b>	<b>33.09</b>
ii)	BNYS Internship Programme	<b>144 Internees</b>	<b>97 Internees</b>	<b>3.00</b>	<b>6.68</b>
iii)	Yoga Classes	<b>2520 Classes</b>	<b>2520 Classes</b>	<b>1.00</b>	<b>1.38</b>
iv)	CME, OTP Programmes	<b>3 Progs.</b>	<b>10 Progs.</b>	<b>15.00</b>	<b>14.43</b>
<b>4.</b>	<b>OFFICE &amp; ESTABLISHMENT EXP.</b>			<b>117.00</b>	<b>76.24</b>
<b>5.</b>	<b>SALARY &amp; WAGES TO STAFF</b>			<b>320.00</b>	<b>*** 335.54</b>
<b>6.</b>	<b>PURCHASE OF ASSETS</b>				
	<b>Nisarga Gram Project</b>			<b>1990.00</b>	<b>49.27</b>
	<b>Fixed Assets purchase</b>			<b>10.00</b>	<b>5.24</b>
		<b>TOTAL</b>		<b>2590.00</b>	<b>602.97</b>

\*\*\* The excess expenditure incurred for payment of wages to the outsourcing staff has been incurred from the General head of grant .

**Physical & Financial Targets & Achievements for the year 2015-16.**

**Total R.E.Rs.1266.00 Lakhs.**

S. No.	Schemes/Activities to be implemented during 2015-16	PHYSICAL		FINANCIAL	
		TARGETS – (No.of Prog.)	ACHIEVEMENTS( No.of Prog.)	TARGET (Rs,in lakhs)	ACHIEVEMENTS (Rs,in lakhs)
<b>1</b>	<b>MASS EDUCATION</b>				
i)	Women Component Programme	<b>3 Progs.</b>	<b>3 Progs.</b>	<b>10.00</b>	<b>9.68</b>
ii)	Arogya & Other Exhibition	<b>6 Exhibitions</b>	<b>6 Exhibitions</b>	<b>10.00</b>	<b>5.11</b>
iii)	Monthly Workshop Regional Language Workshop Weekly Lecture	<b>12 Workshops 6 Workshops 48 Lectures</b>	<b>11 Workshops 4 Workshops 48 Lectures</b>	<b>3.00</b>	<b>1.64</b>
iv)	Food fairs by NIN	<b>2 Nos.</b>	<b>1 Nos.</b>	<b>10.00</b>	<b>11.81</b>
v)	Cookery Classes Other Seminars directly by NIN Ayushyaman Bharat Awareness Prog. for school children	<b>1 No. 10 Nos. 120 nos. 4 Nos.</b>	<b>1 Progs. 14 Nos. 11 Nos. 4 Nos.</b>	<b>5.00</b>	<b>0.17</b>
vi)	Publication of Books & Magazine	<b>12 Issues</b>	<b>12 Issues</b>	<b>25.00</b>	<b>14.96</b>
vii)	Pathology Lab	<b>No target fixed</b>	<b>363 patients</b>	<b>3.00</b>	<b>2.44</b>
vii)	Naturopathy Diet Centre	<b>No target fixed</b>	<b>Rs.21.14 lakhs</b>	<b>0</b>	<b>0</b>
viii)	Health Shop	<b>No target fixed</b>	<b>Rs. 44.84 lakhs</b>	<b>0</b>	<b>0</b>
<b>2.</b>	<b>MEDICARE FACILITY</b>				
i)	O.P.D. Clinic	<b>60000 Patients</b>	<b>60062 Patients</b>	<b>14.00</b>	<b>16.26</b>
iii)	Sanatorium for HIV+ve patients	<b>No target fixed</b>	<b>65 Patients</b>	<b>5.00</b>	<b>4.44</b>
<b>3.</b>	<b>TRAINING &amp; RESEARCH</b>				
i)	2 Years NDNYT Course	<b>80 Students</b>	<b>65 Students</b>	<b>58.00</b>	<b>29.94</b>
ii)	BNYS Internship Programme	<b>30 Internees</b>	<b>36 Internees</b>	<b>2.00</b>	<b>2.87</b>
iii)	Yoga Classes	<b>2520 Classes</b>	<b>2520 Classes</b>	<b>1.00</b>	<b>0.22</b>
iv)	CME, OTP Programmes	<b>3 Progs.</b>	<b>6 Progs.</b>	<b>10.00</b>	<b>10.74</b>
<b>4.</b>	<b>OFFICE &amp; ESTABLISHMENT EXP.</b>			<b>94.00</b>	<b>64.91</b>
<b>5.</b>	<b>SALARY &amp; WAGES TO STAFF</b>			<b>240.00</b>	<b>274.54</b>
<b>6.</b>	<b>PURCHASE OF ASSETS</b>			<b>10.00</b>	<b>8.35</b>
<b>7.</b>	<b>Purchase of Land for Naturopathy Hospital. College &amp; Research Centre in Pune.</b>			<b>766.00</b>	<b>766.36</b>
		<b>TOTAL</b>		<b>1266.00</b>	<b>1224.97</b>

**List of OPDs run by CCRYN**

<b>S. No.</b>	<b>State/UT</b>	<b>Name of the OPD with address</b>
1.	<b>Andhra Pradesh</b>	"SAHAJA" Sri Sathyadeva Yoga-Prakrithi Chikitsalayam Sri Veera Venkata Satyanarayan Swamy Vari Devasthanam, Annavaram, East Godavari (Dt), Andhra Pradesh
2.	<b>Delhi</b>	OPD (Yoga & Naturopathy), Central Council for Research in Yoga & Naturopathy, No. 61-65, Institutional Area, Janakpuri, New Delhi-110058
3.	<b>-do-</b>	OPD (Yoga & Naturopathy), Room No.20, Psychiatry Wing, Dr. R. M. L. Hospital, New Delhi- 110001
4.	<b>-do-</b>	OPD (Yoga & Naturopathy), D/o Physiology, Lady Harding Medical College, New Delhi-110001
5.	<b>-do-</b>	OPD (Yoga & Naturopathy), Room. No.340 & 341, New OPD Block, Safdarjung Hospital & V.M.M.C., New Delhi-110029
6.	<b>-do-</b>	OPD (Yoga & Naturopathy), D/o Physiology, University College of Medical Sciences, Dilshad Garden, Delhi-110095
7.	<b>-do-</b>	OPD (Yoga & Naturopathy), Ch. Brahm Prakash Ayurvedic Charak Sansthan, Khera Dabar, Najafgarh, Delhi-110073
8.	<b>Haryana</b>	OPD (Yoga & Naturopathy) Pt. B. D. Sharma University of Health Sciences, Rohtak, Haryana
9.	<b>Haryana</b>	SHKM Govt. Medical College, Mewat, Haryana.
10.	<b>Jharkhand</b>	Yoga & Naturopathy Wellness Centre, State Yoga Centre, Ranchi.
11.	<b>Kerala</b>	Engandiyur Gram Panchayat, Thrissur, Kerala.
12.	<b>Madhya Pradesh</b>	Govt. Homeopathic Medical College & Hospital, Bhopal, Madhya Pradesh.
13.	<b>Odisha</b>	OPD (Y&N), AYUSH Centre, AIIMS, Sijua-751019, Bhubaneswar, Odisha.
14.	<b>Tripura</b>	Regional Research Institute for Homeopathy, Khumulwng, Jirania, Agartala, Tripura.



