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Title: Regarding obesity problems in the country.

DR. RATNA DE (NAG) (HOOGHLY): The latest National Family Health Survey (NFHS-4) states that India is growing at the wrong places. Overweight and obesity have become serious issues in India today. It is astonishing to note that the number of overweight and obese people in the 15 States and UTs has almost doubled since 2005-06. This is truly alarming. There is an urgent need to attend to these issues. India is nowhere near the fattest country in the world. The dubious distinction of fattest country in the world is Pacific Island of Tonga. Considering our huge population, if unchecked immediately, we may go in the direction of fattest growing country in the world. Some States now have nearly 30 percent of population officially classified as overweight or obese. Major risk factor in the case of obese and overweight people are diabetes, cardiovascular diseases and certain types of cancer. I, therefore, urge the Government to take remedial steps in this regard.