

**GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA**

UNSTARRED QUESTION NO:1816
ANSWERED ON:03.12.2014
YOGA AND MEDITATION COURSES
Chaudhary Shri P.P.

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) whether the University Grants Commission (UGC) is going to include Yoga and transcendental meditation in the curriculum; and
- (b) if so, the details thereof?

Answer

MINISTER OF HUMAN RESOURCE DEVELOPMENT (SMT. SMRITI ZUBIN IRANI)

(a) & (b): The University Grants Commission (UGC) has informed that under its scheme "Development of Sports Infrastructure and equipment in Universities and Colleges" a model syllabus has been formulated in which there is a specific component on the subject of Yoga. The model syllabus is at <http://www.ugc.ac.in/oldpdf/modelcurriculum/yoga.pdf>. The guidelines of the scheme are available at http://www.ugc.ac.in/pdfnews/6483817_English-Guidelines-of-Sports.pdf. Further, Universities are autonomous in the matter of initiation of courses on Yoga and Meditation in the interest of students.