

**GOVERNMENT OF INDIA  
HEALTH AND FAMILY WELFARE  
LOK SABHA**

UNSTARRED QUESTION NO:1096  
ANSWERED ON:28.11.2014  
INTERNET DE ADDICTION CENTRE  
P. Shri Nagarajan

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

- (a) whether the National Institute of Mental Health and Neuro Sciences (NIMHANS) has opened an internet deaddiction centre in Bangalore recently, and if so, the details thereof;
- (b) whether an internet de-addiction centre has also been started in Delhi by an NGO recently and if so, the details thereof;
- (c) whether the Government proposes to open such internet de-addiction centres across the country; and
- (d) if so, the details thereof?

**Answer**

THE MINISTER OF HEALTH AND FAMILY WELFARE (SHRI JAGAT PRAKASH NADDA)

- (a): The National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore has started the Internet De-addiction services called the SHUT (Service for Healthy Use of Technology) clinic since April, 2014, with a view to destigmatize the mental health issues arising out of excessive use of information technology and to enhance treatment seeking behavior. The service is given in the clinic every Saturday. The clinic has faculty from Clinical Psychology, Psychiatric Social Work and Epidemiology. The main objectives of the clinic are to raise awareness through workshops, lectures and information materials, to build up manpower through trainings and develop interventions.
- (b): As informed by the NIMHANS, Bangalore, an NGO named Uday Foundation, New Delhi has started such services in July, 2014.
- (c) & (d): There is no such proposal in this Ministry to open internet de-addiction centres across the country.