

**GOVERNMENT OF INDIA
AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMEOPATHY (AYUSH)
LOK SABHA**

UNSTARRED QUESTION NO:2264
ANSWERED ON:28.07.2017
Mother and Child Care
Basheer Shri E. T. Mohammed

Will the Minister of AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMEOPATHY (AYUSH) be pleased to state:

Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

- (a) whether the Government has released a booklet titled 'Mother and Child Care' on pregnant ladies;
- (b) if so, the details and purpose thereof; and
- (c) whether the content of the booklet is having the backing of any authentic findings and if so, the details thereof?

Answer

ANSWER
THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)

(a) to (c): Yes. The booklet contains general guidelines based on the principles and concepts of Yoga & Naturopathy, for pregnant women. Guidelines relevant to the different phases of pregnancy have been made available in a simple format. The information provided includes diet plans based on clinical experience, simple naturopathy treatments and tips for remaining stress-free during pregnancy. The content of the booklet has the backing of accepted principles of Yoga & Naturopathy.

â€¦â€¦â€¦â€¦â€¦â€¦â€¦.