

**GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA**

UNSTARRED QUESTION NO:3194

ANSWERED ON:05.12.2016

Advisory on Junk Food

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Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) whether the University Grants Commission (UGC) has issued advisory recently, asking colleges and higher educational institutions to stop serving junk food in their canteens;
- (b) whether the UGC has defined junk food in their advisory and has also asked colleges to display information on markers like Body Mass Index (BMI) waist-hip ratio etc;
- (c) if so, the details thereof and the reasons therefor along with the response of the colleges thereto; and
- (d) the steps taken/being taken by the Government to create awareness in colleges about healthy eating habits?

Answer

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT
(DR.MAHENDRA NATH PANDEY)

(a) to (d): University Grants Commission (UGC) has issued a letter on 10th November, 2016 on the advice of Ministry of Women and Child Development, to the Vice-Chancellors of all the Universities to consider withdrawal of carbonated beverages and junk food from college canteens as it adversely affects the mental and physical growth of students. Banning junk food and carbonated drinks in colleges would set new standards for healthy food and make the students feel better, and learn better. This letter is also available on the UGC Website: www.ugc.ac.in.
