

**GOVERNMENT OF INDIA  
HEALTH AND FAMILY WELFARE  
LOK SABHA**

UNSTARRED QUESTION NO:2497

ANSWERED ON:25.07.2014

RESEARCH IN AYUSH

Chautala Shri Dushyant;Meinya Dr. Thokchom

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

- (a) the research institutes/centres under the Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homoeopathy (AYUSH) system of medicines along with the grants sanctioned and released to them each of the last three years and the current year, State/UT-wise;
- (b) the details of major research projects undertaken by the AYUSH research institutes/centres along with their outcome during the said period, State/UT-wise;
- (c) whether the Government proposes to set up new research institutes/centres and upgrade the existing institutes/centres under AYUSH and if so, the details thereof, State/UT-wise;
- (d) whether the Government has received any proposal in this regard, if so, the details thereof and the action taken/ proposed by the Government thereon during the said period, proposal and State/ UT-wise; and
- (e) the further measures being taken by the Government to encourage and promote research in AYUSH system of medicines?

**Answer**

THE MINISTER OF HEALTH AND FAMILY WELFARE (DR. HARSH VARDHAN)

(a): Under Department of AYUSH, there are five Central Research Councils viz. Central Council for Research in Ayurvedic Sciences (CCRAS), Central Council for Research in Yoga & Naturopathy (CCRYN), Central Council for Research in Unani Medicine (CCRUM), Central Council for Research in Siddha (CCRS) and Central Council for Research in Homoeopathy (CCRH) for undertaking and promoting research in respective system. The details of institutes/ centres functioning under these Research Councils; and the grants sanctioned/ amount released to them during the last three years and current year are given at Annexure- I and Annexure-II respectively.

(b): Research Councils have undertaken large number of Projects on various diseases. The major projects are mostly multicentric covering more than one state. The major ones are Ayush QOL 2C for cancer, Ayush Manas for mental retardation, development of Ksharasutra, Psoriasis (777 Oil), Anti- malarial (AYUSH 64), Anti-epileptic (AYUSH-56), Paediatric care (AYUSH Bala Rakshak Leham), Iron deficiency Anaemia (Annabedhi Chenduram), Vitiligo (Bars), Eczema(Nar-e-farsi/Daus Sadaf/ Psoriasis), Infective Hepatitis(Itehab-e-ksabid), Osteoarthritis (Waja-ul-Mafasil), Bronchial Asthma (UNIM352) etc. Studies in respect of above projects have been completed. Research results have also shown that Homoeopathy has a positive role to decrease viral load in HIV +ve patients, increase CD4 Count and improve the quality of life.

A preliminary study conducted by CCRUM in collaboration with Jamia Hamdard, New Delhi on Pulmonary Tuberculosis (Diq-e-Revi) have shown significant effects of Unani drugs as immunomodulator leading to better and early resolution of lesions. CCRS have validated efficacy of "Rasa Gandhi Mezhugu" in Fibroid Uterus and developed a new Drug "D5 Chooranam" capsules for Diabetic mellitus. CCRYN has also conducted Extra Mural Research on interventions through Yoga and Naturopathy on certain disease conditions e.g. Osteoarthritis, mental disorder/depression, heart diseases, lipid disorders and diabetes. Further details are available on the website of the Department i.e. [www.ayushportal.nic.in](http://www.ayushportal.nic.in)

(c) & (d): Yes. Details are as follows:-

i. Hakim Ajmal Khan Central Research Institute of Unani Medicine by amalgamating existing centres of the Council namely Regional Research Institute of Unani Medicine, Drug Standardisation Research Unit and Literary Research Institute of Unani Medicine, New Delhi; at the campus of Ayurvedic and Unani Tibbia College, Karol Bagh, New Delhi.

ii. Clinical Research Unit of Homoeopathy at Sambalpur (Odisha) and Gorakhpur (UP). iii. Setting up of Central Research Institute of Yoga and Naturopathy at Jajjhar (Haryana) and Nagmangla (Karnataka). iv. The State Governments of West Bengal and Odisha have offered land for establishing Central Research Institutes of Yoga and Naturopathy.

Up gradation of existing research institutes/centres is an ongoing process. Steps have been taken to upgrade the laboratories of the Research institutes/ centres.

(e): The Government encourages and promotes research in AYUSH systems of medicines in organized and scientific manner by supporting educational & training programme, workshops and conferences; by organizing lectures by eminent experts; state of the art research; State Drug Testing Laboratories and by developing Pharmacopoeial standards etc. Further, the Research undertaken by agencies outside the Department have also been supported through Extra Mural Research Scheme of the Department.

