

**GOVERNMENT OF INDIA  
RAILWAYS  
LOK SABHA**

UNSTARRED QUESTION NO:2274  
ANSWERED ON:24.07.2014  
HEALTHY MEALS ON TRAINS  
Nayak Shri B.V.

**Will the Minister of RAILWAYS be pleased to state:**

- (a) the details of the facilities available on trains for the diabetics and cardiac passengers particularly provision for special meals viz. low sodium/starch meals, sugar-free etc.;
- (b) whether the facilities available in trains is adequate to meet the requirement of such patients; and
- (c) if not, the steps taken/proposed to be taken in this regard?

**Answer**

MINISTER OF STATE IN THE MINISTRY OF RAILWAYS (SHRI MANOJ SINHA)

(a) to (c): Instructions already exist with the railways to make available diabetic/ patients/ailing passengers/Jain food to the passengers on demand, subject to availability.