

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:791

ANSWERED ON:24.07.2015

Mental Illness

Kher Smt. Kirron;Ranjan (Pappu Yadav) Shri Rajesh;Singh Dr. Bhola;Solanki Dr. Kirit Premjibhai

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) the number of people suffering from mental illness/disorders across different population segments, separately along with the related deaths/suicides reported during each of the last three years and the current year, State/ UT-wise;
- (b) whether there is adequate manpower and health infrastructure to tackle the rising number of cases of mental illness, if so, the details thereof and if not, the reasons therefor, State/UT-wise;
- (c) the steps taken/proposed to be taken by the Government for augmenting manpower and setting up of more institutes/hospitals and upgrading the existing one to lower the gap between the number of mental health patients and mental healthcare professionals, State/UT-wise;
- (d) the funds earmarked, allocated and utilized for the management, prevention and treatment of mental disorder/illness during the said period, State/UT-wise;
- (e) whether the Government has framed any policy to address the stigma faced by people suffering from mental illness/ disorders and support their families so that they can act as primary care guides, and if so, the details thereof and if not, the reasons therefor?

Answer

ANSWER

THE MINISTER OF HEALTH AND FAMILY WELFARE

(SHRI JAGAT PRAKASH NADDA)

(a): In 2005, the National Commission on Macroeconomics and Health reported that 10-20 million (1-2% of population) suffered from severe mental disorders such as schizophrenia and bipolar disorder and nearly 50 million (5% of population) from common mental disorders such as depression and anxiety, yielding an overall estimate of 6.5 per cent of the population.

As per Accidental Deaths and Suicides in India reports published by the National Crime Records Bureau, the incidents of suicides due to mental illness during the year 2012 was 7769, 2013 was 8006 and 2014 was 7104.

(b)&(c): It is estimated that there are 3800 Psychiatrists, 898 Clinical Psychologists, 850 Psychiatric Social Workers and 1500 Psychiatric Nurses in the country. Recent estimates for State/UT wise details of trained mental health personnel are not available.

There are 3 centrally run mental health institutes, 40 State run mental hospitals and 398 Departments of Psychiatry in various medical colleges (183 in Government and 215 in private) across the country equipped to treat patients suffering from mental illness.

To address the acute shortage of qualified mental health professionals in the country, the Government is implementing manpower development schemes for establishment of Centers of Excellence and strengthening/ establishing Post Graduate (PG) Departments in mental health specialties. Till date, support has been provided for establishment of 11 Centres of Excellence and strengthening/ establishing 27 PG Departments (in 11 Institutes) in mental health specialties in the country. The details are at Annexure-I. The Government has approved a proposal for establishment of additional 10 Centres of Excellence and support to strengthen/establish 93 PG Departments and expansion of District Mental Health Programme (DMHP) to 550 districts in the country during the 12th Five Year Plan Period.

(d): The details of funds released for the implementation of the DMHP and Manpower Development Schemes under the NMHP during the last three years and the current year are at Annexure -II.

(e): The Government has brought out a Mental Health Policy to promote mental health, prevent mental illness, enable recovery from mental illness, promote de-stigmatization and facilitate socio-economic inclusion of persons affected by mental illness by providing accessible, affordable and quality health and social care to all persons with mental illness.