

**GOVERNMENT OF INDIA
AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMEOPATHY (AYUSH)
LOK SABHA**

UNSTARRED QUESTION NO:803

ANSWERED ON:24.07.2015

Mandatory Yoga in Schools and Colleges

Dhruvanarayana Shri Rangaswamy; K. Shri Parasuraman; Khuba Shri Bhagwanth; P. Shri Nagarajan; Paraste Shri Dalpat Singh; Patil Shri A.T. (Nana); Patil Shri Chandrakant Raghunath; Roy Prof. Saugata; Solanki Dr. Kirit Premjibhai

Will the Minister of AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMEOPATHY (AYUSH) be pleased to state:

Will the Minister of AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

(a) whether the Government proposes to make yoga a part of medical science and include yoga in the curriculum and as a compulsory subject in all the schools and colleges in the country;

(b) if so, the details thereof; and

(c) the other steps taken/being taken by the Government to promote yoga in the country?

Answer

(a) & (b): A Task Force has been constituted by the Ministry to deliberate and make recommendations on various important issues concerning the Ministry of AYUSH, including the preferred option for promotion, development and regulation of Yoga & Naturopathy for education and practice.

(c): The Ministry of AYUSH promotes Yoga by carrying out campaigns through print and electronic media. AROGYA fairs at National and State level are organized to make public aware of the benefits of AYUSH systems of medicine including Yoga. The Ministry under its Central Sector Schemes of Information Education and Communication (IEC) and International

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Co-operation extends financial assistance to State Governments and other reputed Government/ Non-Governmental Organizations/ Universities for conducting National/ International seminars/ workshops/ symposiums to promote AYUSH systems including Yoga.

The Ministry of AYUSH has recently initiated a Scheme for Voluntary Certification of Yoga Professionals. First phase of the Scheme to certify Yoga teachers was launched on June 22, 2015. The Scheme is being operated by the Quality Council of India (QCI), an apex quality facilitation and accreditation body, under the Ministry of Commerce and Industry.

The Government of India has approved the National AYUSH Mission which, inter alia, envisages better access to AYUSH services including Yoga and strengthening of AYUSH educational institutions. The Mission provides for (a) co-location of AYUSH facilities at Health Centers/Hospitals including Yoga facilities (b) upgradation of exclusive State AYUSH Hospitals & dispensaries including hospitals with Yoga centers (c) upgradation of State Government teaching institutions including those of Yoga (d) Yoga and Naturopathy Wellness Centres as per guidelines as deemed appropriate by the States under the flexible component. The proposals are sanctioned under the National AYUSH Mission (NAM) on receipt of the same from the State/ UT Governments.

To give further impetus to research, the Government encourages research on Yoga by providing grants under Extra Mural Research scheme to research organizations.

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