

**GOVERNMENT OF INDIA
DEFENCE
LOK SABHA**

UNSTARRED QUESTION NO:2530
ANSWERED ON:25.07.2014
STRESS LEVEL OF DEFENCE PERSONNEL
Nayak Shri B.V.

Will the Minister of DEFENCE be pleased to state:

- (a) whether the Government has ordered a study into the stress level encountered by young officers of the Army and has also asked the Defence Research and Development Organisation (DRDO) to develop methods to mitigate it;
- (b) if so, the details thereof;
- (c) whether the recommendations or the study report have been examined by Government;
- (d) if so, the details thereof; and
- (e) the other steps being taken by the Government for minimising stress level of among officers and jawans of the Army?

Answer

MINISTER OF STATE IN THE MINISTRY OF DEFENCE (SHRI ARUN JAITLEY)

(a) & (b): Yes, Madam. Defence Institute of Psychological Research (DIPR), a laboratory of Defence Research and Development Organisation (DRDO), undertook a study on "Factors Causing Distress among Young Officers of Indian Army" with the following objectives:-

To study the level of distress prevailing among the young officers;

To study the casual factors that create distress among young officers and deplete their resources to cope with it; and

To suggest remedial measures to manage stress among young officers.

DIPR submitted its report to Government in April 2014.

(c) & (d): Recommendations are being analyzed by the Government.

(e) DIPR has already developed "Suicide Risk Assessment Test" to identify at-risk personnel which has already been handed over to Army. Various programmes, workshops, seminars, etc. are conducted by DIPR on this subject for the officers and jawans of the Armed Forces.