

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:1401

ANSWERED ON:13.12.2013

DEVELOPMENT OF YOGA AND NATUROPATHY

Devappa Anna Shri Shetti Raju Alias;Pakkrappa Shri S.

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) the details of the steps taken by the Government for the promotion and development of Yoga and Naturopathy and the achievements made as a result thereof in the country;
- (b) the total budgetary allocations made for the development of Yoga and Naturopathy during each of the last three years and the current year;
- (c) whether the Government proposes to held free yoga classes in various institutes including Morarji Desai National Institute of Yoga (MDNIY) in Delhi and if so, the details thereof and if not, the reasons therefor;
- (d) whether the Government proposes to set up All India Institute of Yoga and Naturopathy, separately on the lines of All India Institute of Ayurveda and if so, the details thereof and if not, the reasons therefor; and
- (e) the other measures proposed by the Government to scale up budgetary allocation and efforts for the promotion and development of Yoga and Naturopathy in the country?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SMT. SANTOSH CHOWDHARY)

(a) The Government of India, Ministry of Health and Family Welfare, Department of AYUSH, has set up the Central Council for Research in Yoga and Naturopathy (CCRYN), New Delhi, the Morarji Desai National Institute of Yoga (MDNIY), New Delhi and National Institute of Naturopathy (NIN), Pune for promotion and development of Yoga and Naturopathy. Steps taken in this regard are as follows:-

The CCRYN has taken the following steps for promotion of Yoga and Naturopathy:-

Research Activities:-

- (i) Clinical Research;
- (ii) Fellowship for Ph.D. Scholars;
- (iii) Literary Research/Translation/ Publication; Promotional Activities:-
 - (i) National Campaign on Yoga and Naturopathy for Holistic Health;
 - (ii) Arogya Mela/other Exhibitions;
 - (iii) Running OPDs;
 - (iv) Keep Fit and Therapeutic Yoga Classes (12 Nos.) HQ – 6 Nos., New Delhi Udyog Bhawan – 2 Nos., New Delhi and Department of Physiology, AIIMS - 4 Nos., New Delhi.

Achievements:-

- (i) 37 research projects have been completed;
- (ii) 41 Research Papers on Yoga and Naturopathy have been published in reputed journals;
- (iii) 12 Research Monographs on the findings of the research outcome of completed research projects have been published by the CCRYN;
- (iv) The CCRYN participated in 5 Arogya Melas, 3 International Exhibitions, 5 other Health Exhibitions and provided free Yoga and Naturopathy and Diet Counseling, Conducted live Yoga demonstrations, distributed free Information, Education & Communication

(IEC) material for promotion of Yoga and Naturopathy; and

(v) Conducted 23 State level and District level National Campaign programmes in different parts of the country.

The MDNIY conducts the following programmes towards promotion and development of Yoga:-

(i) Yoga Education;

(ii) Yoga Therapy;

(iii) Yoga Research; &

(iv) Communication and Documentation.

The NIN runs the following programmes:-

(i) OPD;

(ii) Health Shop for selling Organic products, books and treatment equipments to large number of public at subsidized rates;

(iii) Diet Centre;

(iv) Mini Gym;

(v) One year Treatment Assistant Training Course for 10th class passed students;

(vi) Two years Nursing Diploma in Naturopathy and Yoga Therapy for 12th class passed students;

(b): The total budgetary allocation (Plan and Non-Plan) for the development of Yoga and Naturopathy, for last three years and current year, are as under:-

(Rs. In Crore)	
Year Allocation for Yoga and Naturopathy	
(1)	(2)
2010-11	26.60
2011-12	37.27
2012-13	39.01
2013-14	46.74

(c) No. Fee is required to be charged for ensuring viability of Yoga Class.

(d) No. There is no proposal to set up an All India Institute of Naturopathy (AIIN) and setting up of an All India Institute of Yoga during the current 12th five year plan depends upon availability of land, budget provision and regulatory framework for Yoga and Naturopathy.

(e): the budgetary allocation for promotion and development of Yoga and Naturopathy has scaled up each year.

The Government is promoting development of Yoga and Naturopathy by a scheme for establishment of Yoga Wellness Centres and establishment of three Central Research Institutes (CRIs) in Yoga and Naturopathy, at Nagamangala (Karnataka), Jhajjar (Bahadurgarh, Haryana), Bhubaneswar (Odisha) and one Central Research Institute for Yoga and Naturopathy (CRIYN), Delhi.