

**GOVERNMENT OF INDIA  
HEALTH AND FAMILY WELFARE  
LOK SABHA**

UNSTARRED QUESTION NO:2441

ANSWERED ON:23.08.2013

AWARENESS ABOUT VEGETARIAN NON VEGETARIAN FOOD

Bapurao Shri Khatgaonkar Patil Bhaskarrao;Chitthan Shri N.S.V.;Gaikwad Shri Eknath Mahadeo;Paranjpe Shri Anand Prakash

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

- (a) whether the Government has taken note of various studies/ reports including that of World Health Organisation (WHO) which state that a number of diseases have their roots in non-vegetarian foods;
- (b) if so, the details thereof and the reaction of the Government thereto;
- (c) whether the Government has conducted/supported any study/survey on the advantages and disadvantages of vegetarian and non-vegetarian food in the country;
- (d) if so, the details and the outcome thereof; and
- (e) the steps taken/proposed by the Government to create awareness among the masses in this regard?

**Answer**

THE MINISTER OF HEALTH AND FAMILY WELFARE (SHRI GHULAM NABIAZAD)

(a)to (e): Indian Council of Medical Research (ICMR) has not carried out any study. ICMR has informed that as per a study report done outside India, vegetarians appear to have lower low density lipoprotein cholesterol levels, lower blood pressure, and lower rates of hypertension and type 2 diabetes than non-vegetarians. Further, it has been reported that vegetarians tend to have a lower body mass index and lower overall cancer rates.