

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:189

ANSWERED ON:22.02.2013

CASES OF MENTAL DISORDERS

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Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) the number of people suffering from mental disorders in the country, State/UTwise;
- (b) whether there is a shortage of mental healthcare professionals and mental hospitals/ institutions in the country;
- (c) if so, the present availability of mental healthcare professionals and mental hospitals/ institutions in the country, State/UT-wise;
- (d) the funds allocated and spent therefrom for the treatment and rehabilitation of such patients during the last three years and the current year, Year/State/UT-wise; and
- (e) the steps taken/proposed by the Government to address the issue?

Answer

MINISTER OF HEALTH AND FAMILY WELFARE (SHRI GHULAM NABI AZAD)

(a) to (c) As per the National Survey of Mental Health Resources carried out by the Directorate General of Health Services, Ministry of Health & Family Welfare during May and July, 2002, the details of number of patients with mental disorders and proportionate availability of psychiatrist, psychiatric nurses and social workers, clinical psychologist and mental hospitals and beds in the Country, State/UT wise is at Annexure 1.

As per the above mentioned survey, the ideal required number of mental health professionals has been calculated as under:

- i. Psychiatrists : 1.0 per 1,00,000 population
- ii. Clinical Psychologist : 1.5 per 1,00,000 population
- iii. Psychiatric Social Workers : 2.0 per 1,00,000 population
- iv. Psychiatric Nurses : 1.0 per 10 psychiatric beds.

Based on the above, the details of present requirement and availability of mental health professionals in the country is as under:

Manpower	Requirement	Availability
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Psychiatrist	11500	3800
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Clinical Psychologist	17250	898
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Psychiatric Social Workers	23000	850
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Psychiatric Nurses	3000	1500
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Total 54750 7048

There are 3 Centrally run mental health institutes, 40 State run mental hospitals and 335 Departments of Psychiatry in various medical colleges (154 in Government and 181 in private) across the country equipped to treat patients suffering from mental illness. List of Govt. Mental Health Institutes is at Annexure – 2.

(d) to (e) To address the huge burden of mental disorders, Government of India is implementing the National Mental Health Programme (NMHP) since 1982. A total of 123 districts in 30 States/ UTs have been covered under the District Mental Health Programme (DMHP). Under the 11th Five Year Plan, the NMHP has been restructured to include the following components:

I. Manpower Development Scheme:

(i) Establishment of Centres of Excellence (Scheme – A)

(ii) Scheme for manpower development in Mental Health (Scheme – B)

II. District Mental Health Programme with added components of Life Skills Education and Counseling in Schools and Colleges, suicide prevention services etc.

III. Up-gradation of Psychiatric Wings of Government Medical College

IV. Modernization of Government Mental Hospitals

Further, National Trust, under the Ministry of Social Justice and Empowerment, runs several schemes like Samarth (Residential centre), Niramaya (Health Insurance Scheme), Aspiration (Day Care Center), Gyan Prabha (Scholarship Scheme), Uddyam Prabha (Interest Subsidy Scheme), Sahyogi (Caregivers Training Scheme), GHARAUNDA etc all over the country for the welfare of four disabilities i.e. Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities. The funds under all of the above schemes are provided for all four disabilities.

The details of funds allocated and utilized under NMHP during last three financial years and the current financial year is at Annexure – 3. The details of funds released under NMHP Scheme wise/ State wise/ UT wise during the last three years and the current year is at Annexure – 4.

The details of funds released during the last three years under various schemes of Ministry of Social Justice & Empowerment for the welfare of the disabled (as on 23.03.2012) is at Annexure 5.