

**GOVERNMENT OF INDIA  
HEALTH AND FAMILY WELFARE  
LOK SABHA**

UNSTARRED QUESTION NO:4190  
ANSWERED ON:22.03.2013  
THYROID DISORDERS  
Gandhi Shri Feroze Varun

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

- (a) whether there is high prevalence of thyroid disorders among the people;
- (b) if so, the details thereof and the reasons therefor;
- (c) the estimated number of people suffering from thyroid disorders in the country, State/UT-wise;
- (d) the funds allocated and spent for the purpose during each of the last three years and the current year, State/UT-wise; and
- (e) the steps taken/proposed by the Government for early diagnosis and treatment of patients suffering from thyroid disorders and spreading awareness about them?

**Answer**

THE MINISTER OF HEALTH AND FAMILY WELFARE (SHRI GHULAM NABI AZAD)

(a) to (c) : As per surveys conducted over a period of time by the Directorate General of Health Services, Indian Council of Medical Research, State Health Directorates and Health Institutions, out of 365 districts surveyed covering all the States/UTs, 303 districts are endemic where the prevalence of Iodine Deficiency Disorders is more than 10%. The State/UT wise details are at Annexure-I. ICMR has estimated that approximately 2.4 crore people in the country are suffering from Goitre.

(d): The State/UT-wise fund allocation and expenditure for the last three years and current year under NIDDCP are at Annexure -II.

(e): In order to prevent and control Iodine Deficiency Disorders (IDD), the Government of India is implementing National Iodine Deficiency Disorders Control Programme (NIDDCP) in the entire country. Financial assistance is provided to all States/UTs for establishment of IDD Cell and IDD Monitoring Laboratories, conducting district IDD surveys, health education and publicity to create awareness amongst people to use only iodized salt.

Further, Regulation 2.3.12 of Food Safety and Standards (Prohibition and Restriction on Sales), Regulation, 2011 restricts the sale of common salt for direct human consumption unless the same is iodized.