

**GOVERNMENT OF INDIA
LABOUR AND EMPLOYMENT
LOK SABHA**

UNSTARRED QUESTION NO:3352
ANSWERED ON:18.03.2013
WORK IMPACT ON HEALTH
Dias Dr. Charles

Will the Minister of LABOUR AND EMPLOYMENT be pleased to state:

- (a) whether the Government has conducted any study to see the adverse impact on health of employees who work for long hours particularly in the Information Technology sector;
- (b) if so, the details thereof; and
- (c) if not, the reasons therefor?

Answer

MINISTER OF STATE FOR LABOUR AND EMPLOYMENT (SHRI KODIKUNNIL SURESH)

(a) to (c): The published literature reports musculoskeletal problems, visual problems, repetitive strain, headache, eyestrain and subjective feelings of fatigue arising out of working on the computer terminals in the work stations. The physical risk factors include key board, usage of repetitiveness and cumulative trauma on upper and lower back due to sustained sitting posture and stress on the wrist due to positioning while usage of the mouse and key board. In addition, there is also a psycho-social stress due to nature of work, time pressure and the nature of night shift of many of these workers. As per the available information, National Institute of Occupational Health (NIOH), Ahmedabad has conducted studies on telephone operators. The Regional Occupational Health Centre, Bangalore had organized a workshop on occupational health in the IT industry in March, 2009 to sensitize the people involved.