GOVERNMENT OF INDIA HEALTH AND FAMILY WELFARE LOK SABHA

UNSTARRED QUESTION NO:5912 ANSWERED ON:11.05.2012 NON-ALCOHOLIC FATTY LIVER DISEASE Sugavanam Shri E.G.

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether a large number of people are suffering from Non-Alcoholic Fatty Liver Disease (NAFLD) in the country;

(b) if so, the details thereof, State/UTwise;

(c) whether the Government has taken/ proposed any measures to educate the public on the ill effects of NAFLD;

(d) if so, the details thereof; and

(e) the steps taken/proposed by the Government to control the increasing number of cases of NAFLD?

Answer

THE MINISTER OF HEALTH AND FAMILY WELFARE (SHRI GHULAM NABI AZAD)

(a) & (b): Yes. Non-Alcoholic Fatty Liver Disease (NAFLD) is emerging as an important cause of liver disease in India. Epidemiological studies suggest prevalence of NAFLD in around 9-32% of general population in India with higher prevalence in those with overweight or obesity and those with diabetes or prediabetes.

(c) to (e): The Government of India has initiated the National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) with the aim to prevent & control the risk factors of NCDs through behaviour and life style changes. Besides, Indian Council of Medical Research (ICMR) has set up a Task Force project to address various aspects of NAFLD.