

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:4626
ANSWERED ON:04.05.2012
MENTAL HEALTHCARE SERVICES AND POLICY .
Mahendrasinh Shri Chauhan ;Shetkar Shri Suresh Kumar

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether the Government has made any assessment/survey to ascertain the adequacy of mental healthcare services in proportion to patients with mental disorders in the country;
- (b) if so, the details thereof indicating the number of patients with mental disorders and proportionate availability of psychiatrists, psychiatric nurses and social workers, clinical psychologists and mental hospitals and beds in the country, State/ UT-wise;
- (c) the steps taken/proposed by the Government to bridge the gap between demand and availability of mental healthcare services and early identification, care, support and recovery of patients with mental disorders in the country;
- (d) whether the Government proposes to frame a mental health policy as per the internationally accepted guidelines; and
- (e) if so, the details thereof?

Answer

THE MINISTER OF HEALTH AND FAMILY WELFARE (SHRI GHULAM NABIAZAD)

(a)& (b): As per the National Survey of Mental Health Resources carried out by the Directorate General of Health Services, Ministry of Health & Family Welfare during May and July, 2002, the ideal required number of mental health professionals has been calculated as under:

i. Psychiatrists : 1.0 per 1,00,000 population ii. Clinical Psychologist : 1.5 per 1,00,000 population iii. Psychiatric Social Workers : 2.0 per 1,00,000 population iv. Psychiatric Nurses : 1.0 per 10 psychiatric beds.

Based on the above, the details of present requirement and availability of mental health professionals in the country is as under:

Manpower Requirement	Availability
Psychiatrist	11500 3800
Clinical Psychologist	17250 898
Psychiatric Social Workers	23000 850
Psychiatric Nurses	3000 1500
Total	54750 7048

The details of number of patients with mental disorders and proportionate availability of psychiatrist, psychiatric nurses and social workers, clinical psychologist and mental hospitals and beds in the Country, State/UT wise (as per the above mentioned survey) is annexed.

(c): To address the huge burden of mental disorders, Government of India is implementing the National Mental Health Programme (NMHP) since 1982. A total of 123 districts in 30 States/ UTs have been covered under the District Mental Health Programme (DMHP). Under the 11th Five Year Plan, the NMHP has been restructured to include the following components: I. Manpower Development Scheme:

(i) Establishment of Centres of Excellence (Scheme – A)

(ii) Scheme for manpower development in Mental Health (Scheme – B)

II). District Mental Health Programme with added components of Life Skills Education and Counselling in Schools and Colleges, suicide prevention services etc.

III. Up-gradation of Psychiatric Wings of Government Medical College

IV. Modernization of Government Mental Hospitals

Further, there are 3 Centrally run mental health institutes, 40 State run mental hospitals and 335 Departments of Psychiatry in various medical colleges (154 in Government and 181 in private) across the country equipped to treat patients suffering from mental illness.

(d) & (e) : A Group has been constituted to work on framing a Mental Health Policy for India keeping in mind internationally accepted guidelines and also the specific context of mental illness in India.