

**GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA**

UNSTARRED QUESTION NO:4361
ANSWERED ON:02.05.2012
NUTRITION CONTENTS OF MID DAY MEAL
Dhanaplan Shri K. P.

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether the Government has taken any measures to improve the nutritional contents of mid-day meals given to children in schools;
and

(b) if so, the details thereof?

Answer

MINISTER OF THE STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT (Dr. D. PURANDESWARI)

(a) & (b): Under Mid Day Meal Scheme a nutritious hot cooked meal is provided with an energy content of 450 calories and 12 grams of protein, which is derived from 100 gms of food grains (rice/wheat), 20 gms of pulses, 50 gms of vegetables and 5 gms of oil for children studying in primary classes. At upper primary level the Scheme provides for an energy content of 700 calories and 20 grams of protein, which is derived from 150 gms of food grains (rice/wheat), 30 gms of pulses , 75 gms of vegetables and 7.5 gms of oil. Nutrition content is further improved by using double fortified salt with iron and iodine as well as green leafy vegetables, as per the Mid Day Meal guidelines.