

**GOVERNMENT OF INDIA  
HUMAN RESOURCE DEVELOPMENT  
LOK SABHA**

UNSTARRED QUESTION NO:4541  
ANSWERED ON:21.12.2011  
SPORTS IN SCHOOLS  
Sivasami Shri C.

**Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:**

- (a) whether the Government is considering to make sports a compulsory activity in all schools;
- (b) if so, the details thereof; and
- (c) the steps taken by the Government in this regard?

**Answer**

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT (DR. D. PURANDESWARI)

(a)&(b): Physical Education and Sports is compulsory upto class X. It is also taught as one of the Optional Subjects in classes XI and XII in Central Board of Secondary Education (CBSE) affiliated schools.

(c): The schools affiliated to the CBSE have been advised to provide compulsory 30 minutes of Physical Activities or games to the students of Classes I to X everyday and the students of Classes XI to XII should participate in Physical Activity/Games/Mass P.T./Yoga for at least two periods per week (90-120 min/week).