

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:3752
ANSWERED ON:16.12.2011
YOGA TO CGHS BENEFICIARIES
Dashmuni Deepa ;Mishra Shri Mahabal

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether the Government proposes to teach yoga to the beneficiaries of the Central Government Health Scheme (CGHS) free of cost in various yoga institutes including Morarji Desai National Institute of Yoga in New Delhi; and

(b) if so, the details thereof

Answer

THE MINISTER OF HEALTH & FAMILY WELFARE (SHRI GHULAM NABIAZAD)

(a)&(b): Yes. Preventive Health Care Unit of Yoga in CGHS Delhi was established with effect from December, 2007 in 10 Wellness Centers namely; (1) Kingsway Camp (2) NOIDA (3) Janak Puri (4) Nagalaya (5) Hari Nagar (6) Delhi Cantt. (7) Pandara Road (8) M.B. Road (9) Sadiq Nagar and (10) Kidwai Nagar.

Recently, in addition to the above, 10 more Yoga Centres have been established at CGHS Wellness Centres with effect from June, 2011 at (1) Pusa Road (2) Palam Colony (3) Ghaziabad (4) Laxmi Nagar (5) Shahdara (6) Chanakayapuri (7) R.K. Puram-VI (8) Laxmibai Nagar (9) Lajpat Nagar and

(10) Pushp Vihar. All these centres are managed by Morarji Desai National Institute of Yoga in New Delhi.