

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:808
ANSWERED ON:25.11.2011
HEART PATIENTS
Choudhary Shri Bhudeo

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether there is a rise of young heart patients in the country particularly in the National Capital Region of Delhi (NCR);
- (b) if so, the details thereof and the reasons therefor;
- (c) whether the Ministry has conducted any survey in this regard;
- (d) if so, the details thereof and the outcome thereof; and
- (e) the steps taken/proposed to be taken by the Government to control this disease among the youth?

Answer

THE MINISTER OF HEALTH & FAMILY WELFARE (SHRI GHULAM NABI AZAD)

(a) & (b): The exact number of young heart patients in the country is not known as the data on the subject is not maintained centrally. The published studies indicate that South Asians including Indians have Ischaemic Heart Disease at an earlier age than people in developed countries due to high prevalence of risk factors e.g. sedentary lifestyle, tobacco use, increased consumption of food high in fats and salt etc.

(c) & (d) No.

(e) The Government of India has initiated a National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Disease and Stroke (NPCDCS) at an estimated outlay of Rs.1230.90 crore for the 11th Five Year Plan. The programme focuses on health promotion, capacity building including human resource development, early diagnosis and management of these diseases and integration with the primary health care system. The programme is being implemented in 100 selected Districts of 21 States during the years 2010-12.