

**GOVERNMENT OF INDIA
WOMEN AND CHILD DEVELOPMENT
LOK SABHA**

UNSTARRED QUESTION NO:4943
ANSWERED ON:02.09.2011
HOT MEAL TO WOMEN AND CHILDREN
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Will the Minister of WOMEN AND CHILD DEVELOPMENT be pleased to state:

(a) whether her Ministry proposes to provide hot meal as supplementary nutrition having micronutrients to women and children through Anganwadi Centres; and

(b) if so, the details thereof?

Answer

MINISTER OF STATE OF THE MINISTRY OF WOMEN AND CHILD DEVELOPMENT (SHRIMATI KRISHNA TIRATH)

(a) & (b) Under the Integrated Child Development Services (ICDS) Scheme, Supplementary Nutrition is one of the six services. As per Government of India's guidelines of 24.2.2009 on Nutritional and Feeding norms, Supplementary Nutrition prescribed for following categories of beneficiaries is as follows:-

(i) Children in the age group of 6 months to 3 years: Food supplement of 500 calories of energy and 12-15 gms. of protein per child per day as Take Home Ration (THR) in the form of Micronutrient Fortified Food and/ or energy-dense food marked as 'ICDS Food Supplement'.

(ii) Children in the age group of 3-6 years: Food supplement of 500 calories of energy and 12-15 gms of protein per child per day. Since a child of this age group is not capable of consuming meal of 500 calories in one sitting, the guidelines prescribe provision of morning snack in the form of milk/banana/ seasonal fruits/ Micronutrient Fortified Food etc. and a Hot Cooked Meal.

(iii) Severely under nourished children: Food supplement of 800 calories of energy and 20-25 gms of protein per child per day in the form of Micronutrient Fortified Food and / or energy dense food as Take Home Ration.

(iv) Pregnant Women and Lactating Mothers: Food supplement of 600 calories of energy and 18-20 gms of protein per beneficiary per day in the form of Micronutrient Fortified Food and/or energy dense food as Take Home Ration.

These guidelines have been endorsed by the Hon'ble Supreme Court vide its order dated 22.4.2009.