

**GOVERNMENT OF INDIA  
HEALTH AND FAMILY WELFARE  
LOK SABHA**

STARRED QUESTION NO:89

ANSWERED ON:05.08.2011

CHRONIC AND LIFE STYLE DISEASES

Kashinath Shri Taware Suresh;Viswanathan Shri P.

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

- (a) whether the number of people among various age group suffering from various chronic and life style diseases is on the rise in the country;
- (b) if so, the details thereof alongwith the reasons therefor;
- (c) whether the Government has conducted any survey/assessment on the prevalence of such diseases and their impact in the country;
- (d) if so, the details and the findings thereof;
- (e) whether the Government proposes to expand the National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) throughout the country; and
- (f) if so, the targets set and modalities worked out for the monitoring and implementation of the programme alongwith the estimated resources required and likely to be generated by both the Union and State Governments for the purpose, State/UT-wise?

**Answer**

THE MINISTER OF HEALTH AND FAMILY WELFARE (SHRI GHULAM NABIAZAD)

(a) to (f): A statement is laid on the Table of the House.

STATEMENT REFERRED TO IN REPLY TO LOK SABHA STARRED QUESTION NO. 89 FOR 5TH AUGUST, 2011

(a) & (b): Though no authentic data is available on disease burden and trends of chronic and life style diseases, the estimates by various national (e.g. ICMR) and international agencies (e.g. WHO) indicate that there is an increasing trend of occurrence of various non-communicable diseases.

Unhealthy lifestyle is major reason for increase in NCDs. The four major risk factors which are directly or indirectly associated with the causation of chronic non-communicable disease are as follows:-

- (i) Tobacco use (smoking & chewing)
- (ii) Alcohol use
- (iii) Physical inactivity
- (iv) Unhealthy diet.

(c) & (d): According to Indian Council of Medical Research (ICMR) Burden of Disease study, the disease burden estimated for Ischemic Heart Disease (IHD), Stroke, Diabetes Mellitus and Cancer is given below:

Burden of disease estimates for IHD, Stroke, Diabetes and Cancer (2004)

Disease	Number of cases (in millions)	No. of deaths (in millions)
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IHD	22.4	0.55
Stroke	0.93	0.64
Diabetes	37.8	0.10
Cancer	0.82	0.26

Further, according to the Causes of Death Survey (2001-03) conducted by the Registrar of India in partnership with Central Global Health Research (CGHR), non-communicable diseases are the leading overall cause of deaths in the country, constituting 42% of all

deaths.

(e) & (f): Yes, Madam. There are plans to increase the coverage of National Program for prevention and control of Cancer, Diabetes, cardiovascular disease and stroke, to whole of India. The monitoring would be done through National, State and District level Non-Communicable Disease Cells. The community based strategies for the prevention and control of Non-Communicable Diseases would continue to be hallmark/mainstay of the program. The funding requirement would be more than six times of the budget allotted for 100 Districts in the 11th five year plan i.e. Rs. 1230.90 crores. The State Government share would be 20% while the central share would be 80%.