

**GOVERNMENT OF INDIA  
HEALTH AND FAMILY WELFARE  
LOK SABHA**

UNSTARRED QUESTION NO:4130  
ANSWERED ON:03.12.2010  
PREVALENCE OF OBESITY  
Das Gupta Shri Gurudas

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

- (a) whether prevalence of obesity among people, particularly school going children is on the rise in the country;
- (b) if so, the details alongwith the facts thereof;
- (c) whether the Government has conducted any survey/study in this regard;
- (d) if so, the details alongwith the findings thereof; and
- (e) the corrective measures taken/ proposed by the Government to arrest the trend?

**Answer**

THE MINISTER OF HEALTH & FAMILY WELFARE (SHRI GHULAM N ABIAZAD)

(a) to (d): The Indian National Family Health Surveys (NFHS- 1992-93, 1998-99 and 2005-06) has showed that the prevalence of obesity in women and preschool children did increase slightly in the last decade: 10.6% and 1.6% in 1998-99 to 12.6% and 1.5% in 2005-2006 respectively. Studies in Delhi and Chennai have shown increase in overweight/obesity among school going children and adolescents.

(e); The Government of India has approved a National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Disease and Stroke at an estimated outlay of Rs. 1230.90 crore (Rs. 499.38 crore for Diabetes, CVD and Stroke and Rs. 731.52 crore for Cancer) for the 11th Five Year Plan (2010-2012). The programme focuses on health promotion, capacity building including human resource development, early diagnosis and their risk factors including obesity and integration with the primary health care system.