

**GOVERNMENT OF INDIA  
DEFENCE  
LOK SABHA**

UNSTARRED QUESTION NO:3212  
ANSWERED ON:29.11.2010  
STRESS LEVEL IN ARMED FORCES  
Shanavas Shri M. I.

**Will the Minister of DEFENCE be pleased to state:**

- (a) whether the cases of stress related diseases viz. hypertension, depression, etc. are increasing among the armed forces personnel;
- (b) if so, the initiatives being taken by the Government to improve the psychological and emotional distress suffered by the personnel;
- (c) whether the Government proposes to constitute a committee of experts to look into the issues; and
- (d) if so, the details thereof?

**Answer**

MINISTER OF DEFENCE (SHRI A.K. ANTONY)

- (a) to (d): The information is being collected and will be laid on the Table of the House.