

**GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA**

UNSTARRED QUESTION NO:3663
ANSWERED ON:01.12.2010
NUTRITIONAL STATUS OF CHILDREN UNDER MDMS
Nirupam Shri Sanjay Brijkishorilal

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) the details of food/foodgrains, alongwith their nutrition value, made available under Mid Day Meal Scheme (MDMS);
- (b) whether the Government has recently assessed the nutritional status of children covered under MDMS;
- (c) if so, the outcome thereof;
- (d) whether the Government regularly conducts routine health check-up of the children and also administers micro nutrient supplements; and
- (e) if so, the details thereof?

Answer

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT (SMT. D. PURANDESWARI)

(a): The details of foodgrains provided under the Mid Day Meal Scheme and their nutritional value is as under: -

S. Items Primary Upper Primary
No.

Quantity Nutritional Quantity Nutritional
(in gms) Value (in gms) Value

	Energy content (in calo ries)	Protein Content (in gms)	Energy Content (in calo ries)	Protein Content (in gms)
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1. Food grains (Rice/ Wheat)	100	340	8	150	510	14
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2. Pulses	20	70	5	30	105	6.6
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3. Vegetables (Leafy & Others)	50	25	-	75	37	-
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4. Oil & Fat	5	45	-	7.5	68	-
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5. Salt & Condi ments	As per need	-	-	As pe need	-	-
	480	13		720	20.6	

(b) & (c): No, Sir.

(d) & (e): MDM Scheme addresses the micronutrients needs of the children under the School Health Programme (SHP) in convergence with National Rural Health Mission (NRHM) of the Ministry of Health and Family Welfare. All the States/UTs are implementing School Health Programme under the NRHM where health checkups are carried out six monthly. Iron Folic Acid, Zinc, Vitamin A, deworming medicines and other appropriate supplementation is provided as per prescribed norms. 4.79 crore students including students of secondary/senior secondary classes, in 7.12 lakh schools were covered under the School Health Programme during 2009-10.