

**GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA**

UNSTARRED QUESTION NO:392
ANSWERED ON:10.11.2010
PHYSICAL FITNESS OF CHILDREN
Bajwa Shri Partap Singh

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) whether the attention of the Government has been drawn to the recent National Survey on physical fitness which shows alarming levels of obesity in school going children ;
- (b) if so, salient features of the survey; and
- (c) the steps taken/proposes to be taken to reduce the obesity amongst the school going children ?

Answer

MINISTER OF HUMAN RESOURCE DEVELOPMENT(KAPIL SIBAL)

(a): No, Sir.

(b): Does not arise.

(c): National Curriculum Framework, 2005 recognizes health and physical education as a core subject and recommends that it should be a compulsory subject from the primary to the secondary stages and an optional subject at the higher secondary stage. Central Board of Secondary Education (CBSE) has directed its affiliated schools to ensure that each and every student takes part in at least two sports activities of her/his choice as part of the continuous and comprehensive evaluation (CCE) scheme. It has also instructed schools to set up health and wellness clubs under the comprehensive school health programme. It has advised the schools to encourage provision of healthy snacks in the school canteens and to avoid junk or fast food.