

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:3438
ANSWERED ON:13.08.2010
OBESITY AND HIGH CHOLESTEROL LEVELS
Shantha J.

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether the country has high prevalence of obesity and high cholesterol levels among women over 35 years of age;
- (b) if so, whether the Union Government has conducted any study in this regard;
- (c) if so, the details thereof; and
- (d) the remedial measures being taken in this regard?

Answer

MINISTER OF THE STATE IN THE MINISTRY OF HEALTH & FAMILY WELFARE (SHRI GHULAM NABIAZAD)

(a) to (c): Yes. Indian Council for Medical Research (ICMR) conducted a WHO supported study on risk factors for Non-communicable Diseases in Ballabgarh (Haryana), Chennai (Tamil Nadu), Dibrugarh (Assam), Delhi, Nagpur (Maharashtra) and Trivandrum (Kerala) in 2003-2006. The prevalence of overweight and obesity amongst women above 35 years was 49.1% in urban, 19.2% in rural and 33.3% in slum populations. In a follow up study in these populations, the prevalence of high cholesterol level was 43.9% in urban, 24.8% in rural and 24.1% in slum populations.

(d): The Government of India has approved a National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Disease and Stroke at an estimated outlay of Rs. 1230.90 crore for the remaining period of the 11th Five Year Plan. The programme focuses on health promotion, capacity building including human resources, early diagnosis and management and integration with the primary health care system.