

**GOVERNMENT OF INDIA  
YOUTH AFFAIRS AND SPORTS  
LOK SABHA**

UNSTARRED QUESTION NO:2283  
ANSWERED ON:21.07.2009  
TRAINING PROGRAMME FOR SPORTSPERSONS  
Joshi Shri Mahesh

**Will the Minister of YOUTH AFFAIRS AND SPORTS be pleased to state:**

- (a) whether the study of sports science has been made an integral part of the training programme for the sports persons;
- (b) if so, the details thereof;
- (c) whether the Government has taken/proposes to take any initiative for providing adequate knowhow/training to the trainers in this regard; and
- (d) if so, the details thereof ?

**Answer**

THE MINISTER OF YOUTH AFFAIRS AND SPORTS (DR. M.S. GILL)

(a) & (b): Yes, Sir. Sports Sciences are an integral part of the training of sportspersons inducted under the following Sports Promotional Schemes are being implemented by Sports Authority of India (SAI) :-

1. National Sports Talent Contest (NSTC) Scheme
2. Army Boys Sports Company (ABSC) Scheme
3. SAI Training Centres (STC) Scheme
4. Special Area Games (SAG) Scheme
5. Extension Centre of STC/SAG Centres to cover Schools/Colleges for wider Coverage.
6. Centre of Excellence (COX) Scheme

Necessary scientific back-up is also provided to those selected for national camps.

(c) & (d): Yes, Sir. Scientific support is being provided to National Coaches in the form of scientific analyses of sportspersons. Scientific inputs in the sports study/ training enhances the performance of athletes. The Government in its scheme for preparation of Indian Teams for Commonwealth Games-2010 has approved 80 Sports Scientists/supporting staff for training of Core probable in 17 + 1 sports disciplines.