

**GOVERNMENT OF INDIA
WOMEN AND CHILD DEVELOPMENT
LOK SABHA**

UNSTARRED QUESTION NO:5756
ANSWERED ON:30.04.2010
INTEGRATED CHILD DEVELOPMENT SERVICES ICDS SCHEME
Swamygowda Shri N Cheluvaraya Swamy

Will the Minister of WOMEN AND CHILD DEVELOPMENT be pleased to state:

(a) : whether the Eleventh Five Year Plan makes no clear recommendations about supplementary nutrition for children in the Integrated Child Development Service (ICDS) Scheme:

(b) : if so, the details thereof: and

(c) : the reasons thereof?

Answer

MINISTER OF STATE OF THE MINISTRY OF WOMAN AND CHILD DEVELOPMENT (SHRIMATI KRISHNA TIRATH)

(a) to (c) : For Supplementary Nutrition under the ICDS Scheme, the Eleventh Five Year Plan Document (Vol. II), Chapter IV has suggested to rely on hot cooked meals according to local taste and provided it at the Anganwadi centres through Self-help Groups (SHGs) or Mothers' Groups, as per decision of the Village Committee. Alternatively, to rely upon RTE micronutrient fortified hygienically prepared food has also been suggested.

The Government of India, on 24.02.2009, has issued revised guidelines on nutritional and feeding norms. States/UTs were requested to provide supplementary nutrition to children below six years of age and pregnant and lactating mothers, in accordance with the guidelines which have been endorsed by the Hon'ble Supreme Court vide its Order dated 22.04.2009.

The provision of supplementary nutrition prescribed for various categories of beneficiaries is as follows:

[i] Children in the age group of 6 months to 3 years:

Food supplement of 500 calories of energy and 12-15 gms. of protein per child per day as Take Home Ration[THR] in the form of Micronutrient Fortified Food and/or energy-dense food marked as 'ICDS Food Supplement'.

[ii] Children in the age group of 3-6 years: Food supplement of 500 calories of energy and 12-15 gms of protein per child per day. Since a child of this age group is not capable of consuming of meal of 500 calories in one sitting, the guidelines prescribe provision of morning snack in the form of milk/banana/seasonal fruits/Micronutrient Fortified Food etc. and a Hot Cooked Meal.

[iii] Severely under weight children: Food supplement of 800 calories of energy and 20-25 gms of protein per child per day in the form of Micronutrient fortified food and/or energy dense food as Take Home Ration.

[iv] Pregnant Women and Lactating Mothers: Food supplements of 600 calories of energy and 18-20 gms of protein per beneficiary per day in the form of micronutrient Fortified Food and/or energy dense food as Take Home Ration.