

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:1546
ANSWERED ON:05.03.2010
GESTATIONAL DIABETES AMONG PREGNANT WOMEN
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Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether one out of 20 pregnant women in India develops gestational diabetes or an inability to control blood sugar levels during pregnancy;
- (b) if so, the details of the study conducted in this regard;
- (c) whether the Government has also analysed the factors responsible for this;
- (d) if so, the details thereof; and
- (e) the remedial measures/corrective steps taken by the Government to control this increase?

Answer

THE MINISTER OF HEALTH & FAMILY WELFARE (SHRI GHULAM NABI AZAD)

(a) to (e) National level data on the prevalence of gestational diabetes in women is not available.

However, as per information received from the Indian Council of Medical Research (ICMR) on some hospital based studies in India, the prevalence of gestational diabetes varies widely from as low as 1.37% to as high as 16.5%. Some of the reasons mentioned for gestational diabetes are obesity, family history of diabetes and metabolic features of insulin resistance.

As a part of routine ante-natal care, pregnant women who are detected to have diabetes are managed in the health facilities as per standard protocols.