

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:5651
ANSWERED ON:25.04.2001
HYPERTENSION AND HEART DISEASE
VSM (RETD.) COL. CHOUDHARY

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether several diseases like hypertension and heart diseases earlier associated with middle and old age striking younger people;
- (b) if so, the facts thereof; and
- (c) the action taken/proposed to be taken by the Government to bring such diseases under control?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI A. RAJA)

(a) to (c) The impression of cardiologists are that recently there is an increase in the occurrence of hypertension and heart disease among younger people. However, no nation-wide data regarding the number of cardiac patients is being maintained. Since the causes of these diseases are attributed among others to individual life style and food habits, the doctors are creating awareness among the people for adopting proper life style and food habits to control these diseases.