## GOVERNMENT OF INDIA MINISTRY OF AYUSH

## LOK SABHA UNSTARRED QUESTION NO-2022 FOR 02.08,2024

### INTERNATIONAL YOGA DAY

**2022.** SHRI BIDYUT BARAN MAHATO: SHRI DHAVAL LAXMANBHAI PATEL: SHRI KHAGEN MURMU:

Will the Minister of **Ayush** be pleased to state:

- (a) the steps taken by the Government to ensure maximum participation for the International Day of Yoga marked earlier this year; and
- (b) the details of the outcome of such efforts?

#### **ANSWER**

# THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH (SHRI PRATAPRAO JADHAV)

(a) & (b): The tenth International Day of Yoga (IDY) was celebrated across the world on June 21, 2024, with the objective of highlighting the importance of yoga in serving humanity. This year's IDY theme was 'Yoga for Self and Society'. Several IDY countdown events were organized across India, mainly, a 100-day-to-IDY event was held at Vigyan Bhavan in New Delhi, a 75-day-to-IDY event was held in Pune, Maharashtra, a 50-day-to-IDY event was held in Surat, Gujarat, and a 25-day-to-IDY event was held in Bodh Gaya, Bihar. The main event of the International Day of Yoga took place in Srinagar, Jammu & Kashmir, and was led by the Hon'ble Prime Minister, Shri Narendra Modi. Indian missions abroad also organized numerous IDY programs.

The Ministry of Ayush maximized the use of digital platforms, including its official website, Yoga Portal, Bhuvan Yoga application, and social media accounts on platforms such as YouTube, Facebook, X, and Instagram, to efficiently and effectively reach out to wider audiences who consume diverse types of content. Various activities, such as the Yoga with Family video contest, Yoga Tech Challenge, IDY Quiz, Prime Minister's Awards for Yoga, and IDY Pledge, were held on My Gov, My Bharat, and Yoga portals. The Ministry also widely used the Bhuvan App, Namaste Yoga App, and Y-Break app to promote IDY and yoga. Details of these activities and initiatives are available on the Yoga Portal at https://yoga.ayush.gov.in/.

The Ministry of Ayush partnered with Common Service Centres, a special purpose vehicle of the Ministry of Electronics and Information Technology, for nationwide promotion and mass mobilization of citizens on June 21. The Yoga for Space initiative was also launched in collaboration with ISRO. This year's IDY was successfully celebrated, spreading the message of yoga across the globe. It is also observed that more and more people from diverse backgrounds are joining the IDY celebrations each year.

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