

Need for stringent regulations for labelling and sale of processed food products-laid

SHRI P. P. CHAUDHARY (PALI): Today, I highlight a critical health concern regarding the surge in processed food consumption. Concerning data shows that top urban households spend over ₹500 monthly per person on such foods. Lab tests reveal that chips have 5.2 times more fat and namkeen 6.1 times more salt than recommended limits. This trend may lead to 351.1 million cases of abdominal obesity, 315.5 millions of hypertension, and 254.2 millions of generalised obesity in adults as projected by the ICMR-INDIAB National Study. While I commend FSSAI's recent limits on trans-fat in various food items, I humbly request the Hon'ble Minister of Health and Family Welfare to implement front-of-pack nutrition labelling, regulating marketing of ultra-processed foods, and promoting access to healthier alternatives. This aligns with Prime Minister's vision for a healthy India. I urge comprehensive action to safeguard our citizens' health.