

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
UNSTARRED QUESTION NO. 1156  
TO BE ANSWERED ON 09<sup>TH</sup> FEBRUARY, 2024**

**EMPANELMENT OF MENTAL COUNSELLORS UNDER NMHM**

**1156. SHRIMATI APARUPA PODDAR:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government collects data on the number of beneficiaries under National Mental Health Programme in the country and if so, the details thereof and if not, the reasons therefor, State-wise;
- (b) the details of counsellors empanelled under the National Mental Health Mission in the country in 2023;
- (c) the number of class teachers/counsellors who have been trained with facilitative skills to promote life skill among their students in 2023, district-wise;
- (d) whether the Government intends to conduct a study on mental health of students and young adults in the country and if so, the details thereof and if not, the reasons therefor; and
- (e) the amount of funds that have been provided to States/districts to implement District Mental Health Programme during the last three years, district and year-wise?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(PROF. S. P. SINGH BAGHEL)**

(a): The Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 738 districts for which support is provided to States/UTs through the National Health Mission. The State/UT-wise list of outpatients availing mental health services under DMHP from April, 2023 to December, 2023 is at Annexure-I.

(b): Under District Mental Health Programme (DMHP) which is a component of the NMHP, 461 Clinical Psychologist/ Trained Psychologist and 545 Psychiatric Social Worker/ Trained Social Workers in Psychiatry are available in all DMHP Units in all States/UTs. As per information provided by the Rehabilitation Council of India (RCI), there are 3551 Clinical Psychologists, 2828 Rehabilitation Psychologists and 209 Rehabilitation Practitioners registered in Central Rehabilitation Register (CRR) maintained by RCI.

(c): In the year 2023, NCERT has trained 517 participants through the various training programmes conducted across the country. State/UTs also conducted similar follow-up training programmes for State/UT level Resource Persons, Key Resource Persons, Master Trainers and

Health and Wellness Ambassadors with facilitative skills for effective implementation of Ayushman Bharat School Health and Wellness Programme and to promote life skills among students and to conduct activities in classrooms.

Under the aegis of the School Health Programme under Ayushman Bharat, NCERT has developed a comprehensive package titled "Training and Resource Material: Health and Wellness of School-going Children". A specific module has been included on "Emotional Wellbeing and Mental Health", which has activities related to the mental health and wellbeing of students and teachers. About about 6.72 lakhs Health and Wellness Ambassadors (HWAs) and about 2.9 lakhs School Principals /Head-Masters have been trained and oriented in about 402 districts of 35 States/UTs, till December, 2023.

NCERT has started 'NCERT Counselling Services for School Children' in April, 2020 to help school students across the country share their concerns. This service is provided free of charge by about 270 counsellors across different regions of the country. Live interactive sessions on 'SAHYOG: Guidance for Mental Wellbeing of Children' are telecast on 12 PM eVidya DTH-TV channels for classes 1 to 12. To handle stress and anxiety, recorded videos on Yoga are telecast through 12 DTH TV channels with effect from 1st September, 2020 from Classes 1 to 12 and also digital resources are made available in digital platforms, i.e., DIKSHA.

(d): Under the directive of Ministry of Education (MoE), Manodarpan Cell at NCERT conducted the survey "The Mental Health and Well-being of School Students" between January-March, 2022. A total of 3,79,842 students of classes 6 to 12 from 28 States and 8 UTs across different types of schools such as Jawahar Navodaya Vidyalayas, Kendriya Vidyalayas, State Board Government Schools, Central Tibetan Schools, Eklavya Model Residential Schools, Sainik Schools, Demonstration Multipurpose Schools (DMS) at RIEs, and Private Schools participated in the survey. The Survey Report was released by the MoE on 6<sup>th</sup> September, 2022 ([https://manodarpan.education.gov.in/assets/downloads/Mental\\_Health\\_WSS\\_A\\_Survey.pdf](https://manodarpan.education.gov.in/assets/downloads/Mental_Health_WSS_A_Survey.pdf)).

(e): The State/UT-wise details of funds approved for implementation of the District Mental Health Programme (DMHP) under the National Health Mission for the last three-years is at Annexure-II.

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State/UT wise Outpatient - Mental illness for 2023-24 (April 23 – Dec. 23)		
S. No.	Name of the State/UT	2023-24 (April 23 – Dec. 23) *
1	Andaman & Nicobar Islands	12287
2	Andhra Pradesh	334456
3	Arunachal Pradesh	414
4	Assam	81632
5	Bihar	73716
6	Chandigarh	50984
7	Chhattisgarh	200208
8	Delhi	217792
9	Goa	4835
10	Gujarat	381958
11	Haryana	190411
12	Himachal Pradesh	66367
13	Jammu and Kashmir	84182
14	Jharkhand	29138
15	Karnataka	560895
16	Kerala	504294
17	Ladakh	4486
18	Lakshadweep	2160
19	Madhya Pradesh	213442
20	Maharashtra	398027
21	Manipur	8703
22	Meghalaya	12133
23	Mizoram	8172
24	Nagaland	6838
25	Odisha	128089
26	Puducherry	32995
27	Punjab	185618
28	Rajasthan	517887
29	Sikkim	4252
30	Tamil Nadu	981200
31	Telangana	65976
32	The Dadra and Nagar Haveli and Daman and Diu	4896
33	Tripura	6659
34	Uttarakhand	21233
35	Uttar Pradesh	473792
36	West Bengal	831256
	<b>India</b>	<b>6701383</b>

**Annexure-II****State/UT wise details of Approvals for National Mental Health Programme (NMHP) under Flexible Pool for Non Communicable Diseases (NCDs) under NHM during the period from F.Y. 2020-21 to 2022-23**

(Rs. in lakhs)

S.No.	State/UT	2020-21	2021-22	2022-23
1	Andaman & Nicobar Islands	20.00	25.60	22.55
2	Andhra Pradesh	300.30	1184.53	1395.32
3	Arunachal Pradesh	177.40	69.30	242.00
4	Assam	341.17	367.03	388.42
5	Bihar	226.75	628.75	187.50
6	Chandigarh	0.00	0.00	0.00
7	Chhattisgarh	258.21	602.72	1063.65
8	Dadra & Nagar Haveli	3.07	0.54	15.44
9	Daman & Diu			
10	Delhi	84.00	0.00	0.00
11	Goa	16.60	47.35	44.40
12	Gujarat	562.70	794.74	834.85
13	Haryana	55.27	174.92	130.97
14	Himachal Pradesh	30.92	57.51	53.00
15	Jammu & Kashmir	219.50	197.50	145.00
16	Jharkhand	18.07	124.71	220.74
17	Karnataka	649.30	1165.46	1713.24
18	Kerala	318.75	692.90	872.65
19	Ladakh	0.00	21.00	116.89
20	Lakshadweep	7.80	14.60	17.03
21	Madhya Pradesh	214.94	236.65	247.54
22	Maharashtra	471.14	1311.00	992.00
23	Manipur	288.96	281.64	396.04
24	Meghalaya	102.00	213.80	174.40
25	Mizoram	38.89	57.50	60.30
26	Nagaland	143.00	252.47	161.61
27	Odisha	191.10	474.25	513.82
28	Puducherry	12.74	67.09	52.59
29	Punjab	305.20	199.90	293.00
30	Rajasthan	577.60	529.49	402.40
31	Sikkim	50.40	103.60	48.27
32	Tamil Nadu	155.90	564.26	1464.70
33	Telangana	1024.72	0.00	254.75
34	Tripura	28.80	66.00	69.10
35	Uttar Pradesh	1382.84	2232.43	2763.83
36	Uttarakhand	45.12	50.14	60.90
37	West Bengal	89.90	464.36	555.82
<b>TOTAL</b>		<b>8413.06</b>	<b>13273.74</b>	<b>15974.72</b>

Note:

1. The above data is as per the available Financial Management Reports (FMRs) reported by the States/UTs.