GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

LOK SABHA UNSTARRED QUESTION NO. 1387 TO BE ANSWERED ON 28th JULY, 2023

SHARP RISE IN CASES OF NON-COMMUNICABLE DISEASES

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Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether there has been a rapid increase in cases of non-communicable diseases, particularly heart diseases, diabetes, and obesity in the country;
- (b) if so, the details thereof, State/UT-wise along with the action taken/proposed to be taken by the Government in this regard;
- (c) the steps taken/proposed to be taken by the Government to create awareness about noncommunicable diseases and decrease the mortality rate due to these diseases in the country;
- (d) whether the Government is committed to the target set under the National Action Plan for Prevention and Control of Non-Communicable Diseases (NCDs);
- (e) if so, the details thereof; and
- (f) the progress made in achieving the said targets and if so, the details thereof?

ANSWER

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (PROF. SATYA PAL SINGH BAGHEL)

(a) to (c): As per Indian Council of Medical Research (ICMR) study report "India: Health of the Nation's States", the burden of Non-communicable Diseases (NCDs) like cancer, diabetes, cardiovascular diseases (CVDs) & stroke have increased in India from 1990 to 2016. The contribution of major NCDs to total deaths and total Disability-Adjusted Life Years (DALYs) is given in the table below:

Name of the disease group	Contribution to total deaths		Contribution to total DALYs	
	1990	2016	1990	2016
All NCDs	37.9%	61.8%	30.5%	55.4%
CVDs	6.9%	14.1%	15.2%	28.1%
Stroke	N/A	N/A	2.0%	3.5%
Cancer	4.15%	8.3%	2.5%	5.0%
Diabetes	10.0%*	23.1%*	5.5%**	7.7%**

*crude death rate (%) **crude prevalence (%)

[Complete report is available at

https://www.healthdata.org/sites/default/files/files/policy_report/2017/India_Health_of_the_Nation%2 7s_States_Report_2017.pdf].

The Department of Health & Family Welfare, Government of India, provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD) as part of National Health Mission (NHM), based on the proposals received from the States/UTs and subject to the resource envelope. The programme focusses on strengthening infrastructure, human resource development, health promotion & awareness generation for prevention, early diagnosis, management and referral to an appropriate level of healthcare facility for treatment of the Non-Communicable Diseases (NCDs). Under NP-NCD, 724 District NCD Clinics, 210 Cardiac Care Centre, and 6110 Community Health Center NCD Clinics have been set up.

A population-based initiative for prevention, control and screening for common NCDs i.e. diabetes, hypertension and common cancers has been rolled out in the country under NHM and also as a part of Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening. Preventive aspect of NCDs is strengthened under Comprehensive Primary Health Care through Ayushman Bharat Health Wellness Centre scheme, by promotion of wellness activities and targeted communication at the community level.

Further initiatives for increasing public awareness about NCDs and for promotion of healthy lifestyle includes observation of National & International Health Days and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through FSSAI. Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for NCDs to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs).

S.No.	Name of the Indicator	Achievement
1	Health and Wellness Centres Operational	1,59,212
2	Hypertension Screening	35.46 Cr.
3	Diabetes Screening	30.75 Cr.
4	Oral Cancer Screening	20.97 Cr.
5	Breast Cancer Screening	9.83 Cr.
6	Cervical Cancer Screening	6.72 Cr.

(d) to (f): As per Ayushman Bharat Health and Wellness Centre portal (FY 2022-23), the achievements with respect to NP-NCD are provided below: