

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**LOK SABHA
UNSTARRED QUESTION NO. 2183
TO BE ANSWERED ON 29TH JULY, 2022**

“DIAGNOSTIC TESTS FOR DOMESTIC AND GLOBAL ACCEPTANCE”

**2183. SHRI JAGANNATH SARKAR:
SHRIMATI SHARDABEN ANILBHAI PATEL:
SHRI MITESH RAMESHBHAI PATEL (BAKABHAI):**

Will the Minister of **AYUSH** be pleased to state:

- a) whether the Government proposes to analyse and introduce a treatment plan based on diagnostic tests using 57 Ayurvedic substances and 600 Indian medicinal plants as depicted in the authorized books which have national and international approval and have no side effects;
- b) if so, the details thereof and if not, the reasons therefor;
- c) whether certain treatments out of these have been fixed according to the authorized books and scientific studies and have proved effective, e.g. Churna of Arjun Chaal, Arogya vardhini for bad cholesterol and Chyavanprash for prevention of cough, cold etc; and
- d) if so, the reaction of the Government thereto?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a) and (b) Sir, Ayurveda treatments are planned according to various parameters like *prakriti, agni, satmya* etc. of a healthy or diseased state of an individual and not solely based on diagnostic tests. Under First Schedule of Drugs and Cosmetics Act, 1940 and defined under Section 3 (a) of Drugs & Cosmetics Act, 1940 and Rules thereunder, 59 authoritative books of Ayurveda system of medicine, 31 authoritative books of Siddha system of Medicine and 14 authoritative books of Unani system of Medicines are mentioned. Drugs/Plants mentioned in these authoritative books are considered as classical Ayurveda, Siddha and Unani drugs.

Pharmacopoeia Commission for Indian Medicine & Homoeopathy (PCIM&H), a sub-ordinate office under Ministry of Ayush lays down Pharmacopoeial Standards and Formulary specifications for these drugs, which serve as official compendia for

ascertaining the identity, purity and strength of the drugs included therein. Details regarding Ayurvedic, Siddha, Unani & Homoeopathic Pharmacopeia and Formularies published so far, are as follows -

S.no.	Ayush System	Part –I, Single drug	Part – II, Formulations	Total
1.	Ayurveda	645	202+ 01 standalone quality standard	848
2.	Siddha	139	01 standalone quality standard	140
3.	Unani	298	200+ 01 standalone quality standard	499
4.	Homoeopathy	1117	-	1117
Total monographs published in ASU&H systems		2199	405	2604

Central Council for Research in Ayurvedic Sciences (CCRAS) under Ministry of Ayush is conducting clinical studies for validation of classical Ayurvedic formulations to generate tangible evidence on clinical safety and efficacy in identified disease/ conditions. Besides Ayurvedic, drugs including medicinal plants are being screened for biological activities and for Safety toxicity studies.

(c) and (d) 159 Classical Ayurveda medicines including Arjunarishta, Arogya vardhini vati & Chyavanprash on 35 disease conditions have been validated under Clinical research by CCRAS (details at Annexure-I). 175 Ayurvedic drugs including medicinal plants have been screened for biological activities and safety toxicity study for 69 Ayurvedic drugs including medicinal plants have been done under Pharmacological research. Research outcomes are being published in reputed journals.

ANNEXURE I

List of formulations* validated under clinical research projects:

S. No.	Name of the formulation	Disease conditions
1.	Dhatri Lauha	Iron Deficiency Anemia
2.	Mahatriphaladya Ghrita	Allergic Conjunctivitis
3.	Mahatriphaladya Ghrita	Dry Eye Syndrome (Shushkakshi Paka)
4.	Vyaghri Haritaki	Bronchial Asthma
5.	Vyaghri Haritaki	Chronic Bronchitis
6.	Brahmi Ghrita	Cognitive Deficit
7.	Jyotishmati Taila	
8.	Vyoshadi Guggulu	Obesity (Sthaulya)
9.	Haritaki Churna	
10.	Vyoshadi Guggulu	Dyslipidemia
11.	Haritaki Churna	
12.	Saptavimshatika Guggulu	Type II Diabetes Mellitus
13.	Haridra Churna	
14.	Ashvagandhadyarishta	Essential Hypertension
15.	Jatamamsi Arka	
16.	Sarpagandha Vati	
17.	Bilvadi Leha	Irritable Bowel Syndrome (IBS)
18.	Punarnavadi Mandura	Iron Deficiency Anaemia
19.	Dadimadi Ghrita	
20.	Ashokarishta	Menopausal Syndrome
21.	Ashvagandha Churna	
22.	Pravala Pishti	
23.	Punarnava Guggulu	Osteoarthritis
24.	Dashmoola Ghrita	
25.	Kottamchukkadi Taila	
26.	Laksha Guggulu	Osteopenia / Osteoporosis
27.	Mukta Shukti Pishti	
28.	Simhanaada Guggulu	Rheumatoid Arthritis
29.	Brihata Saindhavadya Taila	
30.	Ashwagandhadi Lehya	Rasayana
31.	Rajahpravartani Vati	Kastartava (Dysmenorrhea)
32.	Pinda Taila	Hyperuricemia in Gout patients (Vatarakta)
33.	Amrita Guggulu	
34.	Vajraka ghrita	Kitibha (Psoriasis)
35.	Arogyavardhini vati	
36.	Dineshvalyadi taila	Type II Diabetes Mellitus(Madhumeha)
37.	Nisa Amalaki Churna tablet	
38.	Chandraprabha vati	Kitibha (Psoriasis)
39.	Yashada Bhasma	
40.	Triphala Churna	

41.	Pranada gutika	Arsha(Hemorrhoids)
42.	Abhayarishta	
43.	Kanchanara Guggulu (tablet)	Polycystic Ovarian Syndrome (PCOS)
44.	Rajahpravartini vati	
45.	Varanadi Kashaya	
46.	Brahma Rasayana	Manas Mandata (Mental Retardation)
47.	Brahma Rasayana	Rasayana
48.	Vatari Guggulu	Osteoarthritis knee
49.	Narayana Taila	
50.	Maharasnadi Kashaya	
51.	Ksheerbala taila	
52.	Vatari Guggulu	
53.	Brihat Saindhavadya Taila	Rheumatoid Arthritis
54.	Rasnasaptaka Kashaya	
55.	Nishakatakadi Kashaya	
56.	Yashada Bhasma	Diabetes mellitus
57.	Yogaraj Guggulu	Osteoarthritis
58.	Gandharvahasta Taila	
59.	Dhanvantara Taila	
60.	Vasavaleha	Chronic Bronchitis
61.	Kutajarishta	Irritable Bowel Syndrome
62.	Sarasvata Ghrita	Cognitive deficit
63.	Vatari Guggulu	Rheumatoid Arthritis
64.	Hingvashtaka Churna	
65.	Brihat Saindhavadya Taila	
66.	Ashwagandha Churna	Osteoporosis/Osteopenia
67.	Pravala Pishti	
68.	Kanakasava	Bronchial Asthma
69.	Trivrita Churna	
70.	Chyavanaprasha	Rasayana
71.	Kushmandaka Rasayana	Chronic Bronchitis
72.	Navayasa Churna	Iron Deficiency Anaemia
73.	Brihat Gangadhar Churna	Irritable Bowel Syndrome
74.	Ksheerbala taila	Generalized Anxiety disorder(GAD)
75.	Mandukaparni Churna tablet	
76.	Ashvagandha Churna tablet	
77.	Mahatriphaladya Ghrita	Computer vision syndrome
78.	Anu Taila	Diabetes Mellitus
79.	Gokshuradi Guggulu	
80.	Guduchi Churna	
81.	Rudraksha Churna	Hypertension
82.	Parthadyarishta (Arjunarishta)	Hypertension
83.	Sarpagandha Vati	
84.	Vyoshadi Guggulu	Amavata (Rheumatoid Arthritis)
85.	Panchasama Churna	Psoriasis
86.	Panchtiktaguggulu Ghrita	

87.	Brihanmarichadya Taila	
88.	Kanchanara guggulu	Uterine Fibroids
89.	Khadirarishta	
90.	Navaka Guggulu	Sthoulya (Obesity)
91.	Tryushanadi Guggulu	
92.	Brihad Manjisthadi Kwatha Churna	
93.	Kalyanaka Ghrita	
94.	Goksura churna	Urolithiasis
95.	Sveta parpati	
96.	Triphala Guggulu	Arsha (Haemorrhoids)
97.	Kasisadi Taila	
98.	Rasnadi Gutika	Janugata Sandhivata (Osteoarthritis Knee)
99.	Chandrakala Lepa	
100.	Kaishora Guggulu	Vatarakta (Gout)
101.	Madhusnuhi Rasayana	
102.	Abhadya churna	Osteopenia/ Osteoporosis
103.	Muktasukti Bhasma	
104.	Mandura vataka	Iron Deficiency Anemia
105.	Sukumara Ghrita	Menopausal syndrome
106.	Brahmi churna (Bacopa monnieri) (Linn.)	
107.	Punarnava Guggulu	Amavata (Rheumatoid Arthritis)
108.	Rasnasaptaka Kwatha Churna	
109.	Sunthi Churna	
110.	Laksha Guggulu	Osteopenia/ Osteoporosis
111.	Muktasukti Bhasma	
112.	Triphala Kwath	Chronic Allergic Conjunctivitis (Kaphaja Abhishandya)
113.	Haridrakhand	
114.	Trayodashanga guggulu	Osteoarthritis knee (Sandhivata)
115.	Maharasanadi kwatha Churna	
116.	Brihatsaindhavadya Taila	
117.	Trayodashanga guggulu	
118.	Maharasanadi kwatha Churna	Gridhrasi (Sciatica)
119.	Prasarini Taila	
120.	Sitopaladi Churna	
121.	Talishadi Churna	Kasa (Stable chronic Bronchitis)
122.	Panchamrita Lauha Guggulu	Cervical spondylosis (Greeva graha)
123.	Panchaguna Taila	
124.	Kaishor Guggulu	Gout
125.	Balaguduchyadi Taila	
126.	Jatyadi Ghrita	Parikartika (fissure)
127.	Jatyadi Taila	
128.	Haritaki Churna	

129.	Shvadamshtredi Kvatha Churna	Mutrashmari (Urolithiasis)
130.	Hajarulayahuda Bhasma	
131.	Sapthasara Kashaya Churna	Primary Dysmenorrhoea
132.	Sarasvatarishta	
133.	Kantakaryavaleha	Shvasa (Bronchial Asthma)
134.	Eladi gutika	
135.	Indukanta ghrita	Amavata (Chronic Rheumatoid Arthritis)
136.	Trayodashanga Guggulu	
137.	Eladi churna	Kasa (Bronchitis)
138.	Draksharishta	
139.	Kutajavaleha	Grahani
140.	Shadbindu taila	Pinasa(Chronic Rhinosinusitis)
141.	Chitraka Haritaki	
142.	Pathyadi Kvatha Churna	Ardhavabhedaka (Migraine)
143.	Anu taila	
144.	Pushyanuga Churna	Dysfunctional Uterine Bleeding
145.	Ushirasava	
146.	Drakshasava	Pandu (Iron deficiency Anaemia)
147.	Lavangadi Vati	Kasa
148.	Chitraka Haritaki	
149.	Agastya Haritaki Rasayana	Shvasa (Bronchial Asthma)
150.	Apamarga Kshara	
151.	Panchatikta Ghrita	Vicharchika (Eczema)
152.	Gandhakadya Malhara	
153.	Jatiphaladya Churna	Grahani
154.	Chitrakadi Gutika	
155.	Saubhagya Shunthi Paka	Sutika Daurbalya
156.	Dashmularishta	
157.	Drakshavaleha	Iron Deficiency Anemia
158.	Shatavari Guda	Abnormal Uterine Bleeding
159.	Ashokarishta	

*Some formulations repeated in different disease conditions or in different combinations.