Seventeenth Loksabha

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Title: Regarding increasing cases of mental disorder in the country-laid.

SHRI KIRTI VARDHAN SINGH (GONDA): Mental health is in a grave situation in the country. One in every seven person suffers from mental disorder. As per a survey, 197 millions were suffering from mental disorder in 2017. This is around 14.3 per cent of the total population. Out of these, 46 and 45 millions had depression and anxiety respectively. The contribution of mental disorder to total disease burden in India in terms of Disability adjusted life years increased from 2.5 per cent in 1990 to 4.7 per cent in 2017. The major cause for this is changing social pattern and people shifting from joint family pattern to a nuclear family. There are just 6000 psychiatrists working in metros and cities, thus making them unavailable to the masses. I would request the Minister to strengthen mental health services by integrating it with general health care and to increase the number of psychiatrists by taking appropriate measures.