

there are still some employees left over due compensation will be paid to them according to the provision under the law.

Introducing Yoga Education

*589. SHRI CHIRANJIB JHA: Will the Minister of HEALTH AND FAMILY PLANNING be pleased to state:

(a) whether Central Council for Research on Indian Medicine and Homoeopathy has finalised a systematic syllabus for introducing Yoga education; and

(b) if so, salient features thereof?

THE MINISTER OF HEALTH AND FAMILY PLANNING (DR. KARAN SINGH): (a) Yes, Sir.

(b) A statement containing the required information is placed on the Table of the Sabha.

Statement

The Central Council for Research in the Indian Medicine and Homoeopathy has prepared a syllabus on Yoga for general education and also tentative syllabus on Yoga for professional medical education. The salient features of these two syllabi are given below:—

Syllabus on Yoga for General Education

1. The syllabus will be divided into four major sections i.e. primary, middle, high secondary and graduation.
2. The syllabus covers up all the principal kriyas of Yoga. For each class the various Yogic Kriyas, namely, Sukshma Vya-yama, Asanas, Cleansing processes, Mudras, Pranayamas, etc. are prescribed on the basis of their health promotive and educative value.
3. For lower classes, emphasis has been laid on the Kriyas which

are useful for the physical and emotional development of the personality like Asanas, Pranayamas, Mudras etc. whereas for higher classes, the Kriyas which are helpful in the mental and social development are given more importance.

4. Uniform stress has been given on personal hygiene and ethical practices.
5. Traditional textual literature has been regarded as the basis for the selection of Kriyas.
6. Theory corresponds to the practices prescribed for different levels.

II. Yoga for Professional Medical Education

Two types of Yoga syllabi have been tentatively prepared, the first to be introduced during the first professional MBBS course and the second—a Certificate Course—in Yoga, for medical graduates at the Internship stage. The syllabus during the first professional MBBS course consists of 8-10 lectures including the study of the effect of Yogic Kriyas in psychosomatic aspects, and their utility as preventive and promotive health measures

The second syllabus at the Internship stage consists of 25-30 lectures and 5-10 demonstrations. It includes history, philosophy and psychology of the main systems of Yoga, e.g. Hatha Yoga, Raja Yoga, Jnana Yoga, Karma Yoga and Bhakti Yoga.

श्री चिरंजीव झा : श्रीमन् प्रतीत में हमारे देश में योग के माध्यम से चिकित्सा की पद्धति प्रचलित थी, जिसे करीब करीब हम भूल चुके हैं अगर शिक्षा के क्रम में जल्द से जल्द हम इस योग के पाठ्यक्रम को प्रारम्भ करें तो हमारे देश के लिए यह बहुत हितकर होगा।

तो मैं पूछना चाहता हूँ कि शिक्षा का

पाठ्यक्रम अभी तक प्रारंभ किया गया है या नहीं किया गया है और अगर नहीं किया गया है तो क्यों नहीं किया गया है और कब तक वह प्रारंभ किया जाएगा ?

डा० कर्ण सिंह : जहां तक योगिक सस्थाओं का सवाल है वहां तो योग का पाठ्यक्रम बहुत वर्षों से चल रहा है लेकिन सार्वजनिक शिक्षा पद्धति के लिए योग का पाठ्यक्रम पहली बार बनाया गया है और अभ्यक्त महोदय, आपकी आज्ञा होगी तो उसकी प्रतिया मैं लाएबेरी में रख दूंगा। हमने प्रत्येक राज्य को लिखा है कि वे अपनी शिक्षा प्रणाली में योग का लाभ उठाएं। जैसा कि मैं माननीय सदस्य ने कहा, योग हमारे देश की एक बहुत ऊंची और बड़ी समृद्ध निधि है और इसका लाभ हमें अपनी शिक्षा प्रणाली में उठाना चाहिए। अभी लागू इसे अपना रहे हैं और हमें आशा है कि अगले दो वर्ष के अन्दर हमारी जो शिक्षा पद्धति बनी है उसका बहुत विस्तार होगा।

SHRIMATI T LAKSHMIKAN-
THMMA Yoga is not merely an educa-
tion, it is a technique. So have you
taken advice from such Yogis who
know this technique, who have done
sufficient work on this, who have
understood the secrets of Yoga before
finalising the syllabus so that we can
take help from it because it will be
more useful than the mere syllabus of
education?

DR KARAN SINGH The syllabus
has been prepared by the Board which
included a number of eminent Yogis—
this will interest you in the House—
and also a number of scientists. I
want, in fact, to bring about a fusion
of the ancient insight of Yoga and the
modern insight of science. For this
reason, we had, as you know, a sym-
posium on "Yoga science and Man"
where a lot of work was done on this.

We will take full advantage of Yogis
and modern scientists

SHRI VASANT SATHE There are
tremendous possibilities which the
modern science is not capable of deliv-
ing in the realm where man has to
reach a higher height particularly with
the space age coming in. You know
that Kundalini science and other Yogic
science have the capacity to enable
man to evolve further what Aurobindo
called the superman. I would like to
know whether any effort is being made
at a higher level of science and Yoga
to have this harmony? As you know,
even Geeta described समत्व योग उच्यते।
Therefore, to have that integration,
what effort is being made because just
these small pamphlets will not do, al-
though it is true that Yoga has to be
started right from the childhood. It is
not at the old age that Yoga training
should be given. Therefore it is good
that you are starting it right from the
primary school stage. But are you
evolving some proper syllabus or tech-
nology for development of that?

DR KARAN SINGH This is a ques-
tion of great interest generally and to
me personally. I would be glad to in-
form the Members and the House that
we are perhaps the only nation in the
world today that is working on the
problems of consciousness research.
In other words science has been an
enquiry into the truth as also Yoga.
Science is an enquiry into the outer
world. Yoga is an enquiry into the
inner world. Ultimately, if both are
true there must be a meeting point.
As far as the hypothesis of the Kunda-
lini is concerned I do not have the
time. If the Members would be inter-
ested one day I would be fascinated
to try to do it. (Interruption.)
With your permission I have struc-
tured a research project on the Kunda-
lini which is going to be looked at by
the scientists and Yogis. It is a pro-
ject of Rs 25 lakhs. Unfortunately,
I must admit that I have not been able
to get money. But I am going to

Geneva for the World Health Assembly. I have spoken to the Director-General of the WHO also. This project I intended to place in Bangalore. We have a National Institute of Mental Health and Neuro Sciences in Bangalore with a lot of background, and I am hopeful that if this project gets off the ground, it will do a pioneering work in this field.

श्री रामावतार शास्त्री : अध्यक्ष जी, योगिक शिक्षा चलाने की बात बल रही है। मैं यह जानना चाहता हूँ कि जो शिक्षा प्रणाली आप शुरू कर रहे हैं यह केवल मर्दों के लिए है या औरतों के लिए भी इसको चालू करना चाहते हैं? क्या हमारे देश में औरतों का शरीर इन योगिक क्रियाओं के लिए उपयुक्त है?

डा० कर्ष सिंह : कुण्डलिनी तो वास्तव में शक्ति का स्वरूप है और जहाँ तक मैं देखता हूँ कुण्डलिनी का स्त्री स्वरूप नहीं मिलता है। हमारे देश में जहाँ योगी हैं वहाँ योगिनी भी बहुत मारी हैं। मैं समझता हूँ कि इसके लिए स्त्रियों का शरीर बिल्कुल उपयुक्त है और पुरुषों से अधिक उपयुक्त है।

Copper Ore Deposits located in Bihar

*593. **SHRI S R. DAMANI:** Will the Minister of STEEL AND MINES be pleased to state:

(a) whether promising deposits of copper ore have been located in Palamau District of Bihar; and

(b) if so, action taken to ascertain their worthiness for commercial exploitation?

THE MINISTER OF STATE IN THE MINISTRY OF STEEL AND MINES (SHRI CHANDRAJIT YADAV): (a) Not yet, Sir.

(b) Does not arise.

SHRI S. R. DAMANI: At present there is acute shortage of copper and the project which has been established at a cost of Rs. 1.37 crores requires 960 tons of copper ore whereas the availability is only 200 tons per day. In view of this, may I know what steps have been taken to increase the production of copper ore in this country so that this project which is a very costly project, can run to its full capacity?

SHRI CHANDRAJIT YADAV: It is a fact that we are still not self-sufficient in copper and every effort is being made to find deposits of copper ore in different parts of the country. Certain major projects have already been taken up where certain deposits have been located, particularly Dr. Singbum in Bihar, Khetri in Rajasthan, the Agnigundla in Andhra Pradesh, Ambamata in Gujerat, Kalyadi and Chitradurga in Karnataka. Therefore, the Geological Survey of India is making every effort and, with whatever projects we have in hand, we are trying our best to see that the maximum production takes place.

SHRI S R. DAMANI: My second question is whether it is a fact that the survey report for the Malanjhand ore deposit was submitted to the Ministry three years ago, but it is still pending. May I know whether it has been examined and, if so, what is the result of the examination?

SHRI CHANDRAJIT YADAV: The detailed project report for Malanjhand has also been received and, in this current budget, money is being made available. All necessary steps are being taken and the necessary money has also been provided because this is one of the best copper deposits that have been located in the country.

श्री श्रीकान्त मोदी : मैं मंत्री जी से जानना चाहता हूँ कि खेती से 25 मील की दूरी पर लीकर जिले में हाथी के जो बहुत बड़े बंधार जिले हैं और