

thanked the participants for their valuable contributions in the workshop. The workshop concluded with a vote of thanks by Professor T.R. Anand, National Institute of Health and Family Welfare.

#### Yoga Teachers in Central Schools

2. SHRI BASUDEB ACHARIA :

SHRI ANIL BASU :

DR. SUDHIR ROY :

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state :

(a) whether it is a fact that services of 'Yoga Teachers' working in nearly 400 Central Schools throughout the country are being terminated ;

(b) if so, the number of teachers who will be affected ;

(c) the reasons for Government's decision to terminate the services of Yoga Teachers of Kendriya Vidyalayas ;

(d) whether Government are aware that many of these Yoga Teachers who have got more than 5 years' service would have crossed the age limit for recruitment to Government services ;

(e) whether Government are considering of providing alternate jobs to such Yoga teachers who are likely to lose their jobs ;

(f) whether any expert Committee was appointed to evaluate the scheme of Yoga teaching in Kendriya Vidyalayas ; and

(g) if so, details of its recommendations?

THE MINISTER OF STATE IN THE DEPARTMENTS OF EDUCATION AND CULTURE (SHRIMATI KRISHNA SAHI):  
(a) No, Sir.

(b) to (e). Do not arise.

(f) A study team was set up to evaluate the Scheme of Yoga teaching in Kendriya Vidyalayas.

(g). The recommendations are given in the Statement given below. The Board of Governors of Kendriya Vidyalaya Sangathan will finally decide in the matter.

#### STATEMENT

#### SUMMARY OF RECOMMENDATIONS

1. We recommend that teaching of yoga in the Kendriya Vidyalayas should continue. There is ample justification for it.

2. Instruction in yoga should be organised in these Vidyalayas for all children from classes V to IX with provision for exemption to those who are handicapped, medically unfit or have any other difficulty.

3. For students of classes X to XII, teaching of yoga should be organised as a co-curricular activity during the periods earmarked for such activities. The interested students of classes X-XII and those of other classes desirous of learning more about yoga should be advised to join this programme.

4. A revised syllabus covering both theory and practice on the lines indicated in the report should be prepared with the help of selected yoga teachers in the Sangathan, a medical educator with research background in yoga and a few educationists. This should comprise of a core syllabus for classes V to IX and an advanced syllabus for others.

5. A hand book incorporating yoga curriculum, methodology of teaching and evaluating yoga, do's and don'ts associated with the subject and use of relevant aids and illustrations for effective teaching should be prepared and made available to the yoga teachers for their guidance.

6. No separate text book on yoga is called for, but useful and interesting lessons on relevant aspects of yoga should be got included in the text books on social studies, languages and sciences.

7. Minimum qualifications of yoga teachers to be appointed in future should be graduation with one year's training in yoga, child psychology, human anatomy and physiology and methods of communication and evaluation.

8. The scale of pay of the yoga teacher thus appointed should be the same as that of a trained graduate teacher in the Kendriya Vidyalayas, namely 440-20-500-EB-25-700-EB-25-750.

9. Bearing in mind the needs of education on one hand and the human aspect of the teachers involved on the other, we recommend that :

- (i) Cases of all yoga teachers selected and appointed by the Sangathan in 1981 should be reviewed through a duly constituted committee. Those who fulfil the qualifications (both academic and professional) prescribed for the new teachers and are found to be otherwise suitable should be put in the new scale of pay.
- (ii) Teachers who are deficient in respect of the prescribed qualifications but are otherwise considered suitable should be given a specified period to improve their qualifications to the prescribed level over a period of one to four years, as required in individual cases. All those who obtain the prescribed qualifications and are found otherwise satisfactory should also be given the new scale of pay as and when they obtain those qualifications.
- (iii) Teachers who do not possess the prescribed qualifications but whose work and conduct are considered to be otherwise satisfactory should be continued in the existing scale of pay till such time as they are able to acquire the prescribed qualifications.
- (iv) Teachers who neither fulfil the prescribed qualifications nor is their work considered satisfactory may be weeded out according to rules.

10. The prescribed level of training of the existing yoga teachers decided to be retained in service can be arranged in selected institutions in the country as indicated in the report.

11. The Sangathan should also launch a crash programme of orientation of all those yoga teachers who are retained in

service but are not required to make up immediately the deficiency in their educational or professional qualifications. In due course, the orientation programme for the yoga teachers should be put at par with others working in the vidyalayas.

12. For satisfactory organisation of yoga teaching, physical facilities in the form of a hall or big rooms with raised platform for demonstration and other equipment like glass-tumblers, buckets, cans, running or potable water and durries/tatpatties/mats should be made available to the vidyalayas where these things are deficient. It is better to prescribe a small durry/tatpatties/mats to be used by one student separately.

13. The yoga classes should be held in batches of 40 to 50 or on the basis of a section of a class and not in groups of 200 as provided in the original scheme.

14. Yoga should also be included among the subjects for which the Sangathan organises meets and competitions at regional and national levels. Such meets and competitions are feasible in respect of yoga too as indicated in the report.

15. The question of dress for the grown-up girls in the yoga classes is not a major problem. This gets resolved automatically if a lady yoga teacher can be appointed. Otherwise, following the practice already adopted in many Vidyalayas, these girls can come, on the yoga day, in salwar-kameez or bring the same dress or a loose churidar for use during the yoga period.

16. We recommend that the monitoring committee provided in the original scheme should be set up forthwith. Its membership should include experts in yoga, medicine and school education.

17. The programme of yoga teaching should be extended on the amended basis to other Kendriya Vidyalayas gradually depending upon the availability of teachers with required qualifications and the resources of the Sangathan to provide other inputs as suggested by us.